



Rocky Mountain High School
 1300 West Swallow Rd.
 Fort Collins, CO 80526

Main Office Number
 970.488.7023

Attendance Number (24 hrs)
 970.488.7002

Athletics Number
 970.488.7016

Student Services Number
 970.488.7032

School Resource Officer
 970.488.7013

Media Center
 970.488.7040

Website
<http://eweb.psdschools.org/schools/rockymountain/>

Para informacion en Español
 hablar con Cynthia Santos
 al: 970.488.7035



Important Dates for 2nd Quarter

October 13: PSAT/NMSQT @ RMHS, 8:00 am

October 13/14: First Quarter Finals

October 14: First Quarter Ends

October 15: NO SCHOOL

	Wednesday, October 13th	Thursday, October 14th
1st Period	9:00-10:30 am	9:00-10:30 am—FINAL
2nd Period	10:37 am -12:07 pm	10:37 -12:07 pm—FINAL
LUNCH	12:07 -12:53 pm	_____
3rd Period	12:53 pm-2:23 pm—FINAL	_____
4th Period	2:30 pm-4:00 pm—FINAL	_____

***The afternoon of October 14th is set aside for make up finals for students that were absent for any finals or need to make up work. Buses run on normal schedule. Lunch is not served unless a special order is placed with Food Services.*

October 18 - 22: Homecoming Spirit Week

October 23: Homecoming Dance @ RMHS, 8:00 - 11:00 pm

October 27: Trick or Treat Street, 5:30 - 8:00 pm @ RMHS

November 3: Senior Class Meeting @ RMHS, 8:00 - 9:00 am

November 24-26: NO SCHOOL



TIME WELL SPENT

Your child's Well Care Visits help us address the following:

- Diet & Nutrition
- Chronic Health Issues
- Parental Concerns
- Growth, Development & More



Click Here to Self-Schedule Your Child's Well Care Visit Today!



Cans around the Bo'val

Administrators and Dean of Students

If you need assistance from any of our administrators, please feel free to call or email.

Principal
Craig Woodall
488-7015
cwoodall@psdschools.org

Office Manager
Erin Murray
488-7015
emurray@psdschools.org

Assistant Principal
Tim Bruell
488-7007
tbruell@psdschools.org

Assistant Principal
Conrad Crist
Athletics Director
488-7006
ccrist@psdschools.org

Assistant Principal
Tyler Ann Nickel
Activities Director
488-7009
tylert@psdschools.org

Assistant Principal
Karen Bennett
488-7008
bennett@psdschools.org

Dean of Students
Russ Stapleton
488-7155
rstaplet@psdschools.org

Dean of Students
Mike Ruffner
488-7192
mruffner@psdschools.org



During the first two weeks of October, and ending on Thursday the 14th, students will raise money and collect nonperishable food for the Larimer County Food Bank to help with ongoing hunger within the city and Rocky community. It is estimated that over 38,000 Larimer County residents are food insecure, and over 32% of Rocky students are eligible to receive free or reduced lunch. Cans Around the Bo'val truly does make a difference.

For the past ten years, Rocky Mountain High School has provided the largest amount of food donations in the district! This year, our goal is to continue that tradition by collecting 5,000 high-need cans and food items. To best serve our community, the Larimer County Food Bank has identified the following items as high need: Peanut butter, Canned meat/fish, Canned fruit, Low sugar cereal, Whole grain pasta, Brown rice, Macaroni and cheese. Donations can be made in students' homeroom classes. Thank you for your support of this important and outstanding tradition at Rocky Mountain High School.

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We are here for your child's health!

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Salud
Family Health Centers

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(303) MYSALUD

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OUR CARE IS DINO-MITE!

MEDICAL = PEDIATRICS = DENTAL = BEHAVIORAL saludclinic.org



Band

The Rocky bands are working hard to prepare concerts in addition to playing at football games. We invite all members of the Lobo Pack to attend an upcoming performance. Concerts are free (standard admission for homecoming and football games).

Events

October 1- A Night of Jazz – Rocky Jazz, Echoes and Syrens

7:00pm in the commons

October 7 – Fall Concert – Rocky Mountain Winds and Chamber Groups


7:00pm in the Rocky Auditorium

October 22 – Homecoming – Spirit Band

7:00pm on French Field

October 29 – Football Game at Poudre – Spirit Band

7:00pm on French Field


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NO CONTRACTS!
NO INSTALL FEES!**

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FCCONNEXION.COM

Auxiliary aids and services are available for persons with disabilities.





DECA/FBLA

It's not too late for students to join DECA & FBLA!

Both DECA and FBLA help high school students prepare for careers in business through academic competitions and leadership development. These organizations look great on college applications and resumes, plus provide scholarship opportunities, travel, networking, and community service! All our officers are involved in either sports and/or other clubs; DECA & FBLA are not a huge time commitment but offer fantastic opportunities!

Meetings are held every Wednesday in the Aux. Gym during lunch. Rocky DECA students will compete by performing role-plays that demonstrate problem solving skills at CSU, November 16. This is a school excused absence and does not conflict with after school activities.

To be a member of these international organizations, please pay dues by Wednesday, October 6 on SchoolPay. \$80 for both organizations or \$50/each.

Questions? Email Lynne Lyell: llyell@psdschools.org



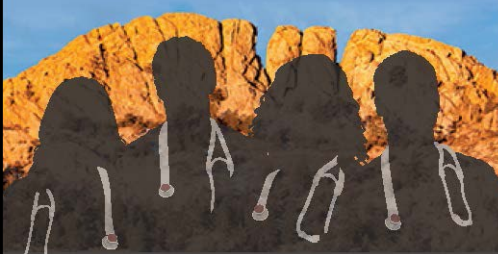
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The Women's Clinic
of Northern Colorado



Rocky Mountain FCCLA (Family Career Community Leaders of America)

STUDENTS: Want to make a difference in your own life, family, school, and community? Want to compete in various events and go to conferences? Then check out FCCLA, Family Career Community Leaders of America (FCCLA). We will be meeting **on Wednesdays in room 338**. Add our Google Classroom and join Remind to get updates on meetings this semester.

Contact Mrs. Blaho with any questions.

kblaho@psdschools.org

FCCLA Website:

<https://sites.google.com/psdschools.org/frhsfccla/what-is-fccla?authuser=0>

FCCLA interest form:

<https://forms.gle/YHJet4DFLkmDikLS8>

Remind Link (get text message reminders for FCCLA):

<https://www.remind.com/join/rmhfccla>

Google Classroom Code (get updates and find materials here): xyfxuyt

<https://classroom.google.com/c/NTQzNjc2NjA3NTIa?cjc=xyfxuyt>

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www.columbinehealth.com

I'M NOT IN "CRISIS"

BUT TALKING WOULD HELP...

Free COVID-19 emotional support line (970) 494-9941



College & Career

Monday, October 11th 6:00-8:00 PM

@ Fossil Ridge HS (Fort Collins, CO)

C In State⁺ More! College Fair

Open to 9th-12th graders (and parents/guardians)

Pre-register online at <https://coloradocouncil.swoogo.com/registration>

In-State Colleges: Adams State University**Aims Community College**Colorado Christian University**Colorado Mesa University
Colorado Mountain College**Colorado Northwestern Community College**Colorado School of Mines**Colorado State University
Colorado State University-Pueblo**Fort Lewis College**Front Range Community College**Lamar Community College
Northeastern Junior College**Metro State University Denver**Regis University**University of Colorado Boulder
University of Colorado Colorado Springs**University of Colorado Denver**University of Denver
University of Northern Colorado**Western Colorado State University

Out of State Colleges: Black Hills State University**Casper College**Chadron State College**Cornell College**Drake University
Eastern Wyoming College**Embry-Riddle Aeronautical University**Fort Hays State University**Hastings College**Iowa State University
Kansas State University**Laramie County Community College**Montana State University Billings**Nebraska Wesleyan University
Northern Arizona University**Prescott College**Saint Louis University**San Diego State University
South Dakota School of Mines & Technology**Texas Tech University**University of Alabama**University of Idaho**University of Kansas
University of Missouri**University of New Mexico**University of Oklahoma**University of Tennessee, Knoxville**

College list subject to change. Masks required. This is a busy fair, please come prepared for lines.

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College & Career

ASVAB Test

(Armed Services Vocational
Aptitude Battery)

at RMHS
on October 14 at 12:15

Students in grades 10-12 may register at

<https://tinyurl.com/RMHS-ASVAB21>

(must be logged in to your PSD account)

As an aptitude test, the ASVAB measures your strengths, weaknesses, and potential for future success. The ASVAB also provides you with career information for various civilian and military occupations and is an indicator for success in future endeavors whether you choose to go to college, vocational school, or a military career. Information for students & parents can be found at www.asvabprogram.com





Athletics

Hey Rocky fans beat the long lines and pre-purchase your tickets on our new digital ticketing system. You can purchase before you arrive and jump a head of the LONG lines and get straight into the games. Below is the link for the digital tickets!!

<https://events.ticketspicket.com/agency/7b23c1cd-0681-4d8a-abe9-0aed2d545775>

ROCKY STUDENTS-are you tired of standing in the LONG lines at our home Football and Volleyball games. You too can jump a head and get right into the game by simply purchasing your student activity pass for only \$30. Go to the fee window, purchase the activity pass then you will get a sticker added to your student ID. Bring your ID to the games and head right on in.

GAME REMINDERS: French Field has a clear bag policy (link below)

Policy: https://www.psdathletics.org/news_article/show/1044678

Also: French Field student policy is a **NO RE-ENTRY**. Once a student leaves the gate, they are not allowed to re-enter. Activity passes do not allow for re-entry and students may not go to the opposing side as well. Please be aware that this is a District Policy that we are strongly enforcing.

WINTER ATHLETICS WILL BE STARTING UP SOON!!!

Go to www.rockyathletics.org and to each winter sport for information regarding pre-season workout. The coaches contact information if found under each winter sport folder.

We will begin to hand out ORANGE CARDS starting Monday, October 25th.

The orange card process: found on www.rockyathletics.org under online registration tab.

1. Register on sports engine prior to coming to get your orange card
2. Pay the athletic fee-bring receipt to athletic office.
3. Turn in physical for to athletic office.

Have your online sports engine and fee completed before coming to get your orange card. You WILL NOT receive your card until all elements are taken care of. SO avoid a long line and have it completed prior to coming to get your orange card.

No physical paperwork/orange cards are need for any skill sessions.

*Athletes not enrolled in RMHS please see information regarding registering online on the www.rockyathletics.org , "homeschool, charter, other school students info for registration"

If there are any questions please contact Gina at 970-488-7016





PSAT/NMSQT

PSAT National Merit Scholarship Qualifying Test (NMSQT)

10/13/2021

Attention Juniors:

The PSAT NMSQT test will be given at RMHS on Wednesday, Oct. 13th. This is a national date so we are only able to offer it on this day. This exam is suggested for all Juniors as practice for their Spring SAT exam as well as for Juniors who are hoping to qualify for College Board's National Merit Scholarship. Sophomores may take the PSAT NMSQT, however all 10th graders will also be required to take the PSAT this spring (as part of state mandated testing) at no cost. We **do not** suggest that **9th graders** take this exam since it is geared towards Juniors and they will stay need to take the PSAT 9 in the Spring.

Students may only qualify for the National Merit Scholarship Program when they take the PSAT-NMSQT in the fall of their junior year and display high scores. We strongly encourage Juniors who tend to score in the 90% and above on standardized testing to take this exam.

The fee for 2021 is \$20.00. **To Register**, please **use SchoolPay online or your student may go to the fee window and pay by October 6th**. Students will receive a reminder a day before about arrival time, bringing a calculator and #2 pencils (not mechanical) and coming to the Auxiliary gym on that date. Doors open at **8:00 a.m.** and pre-administration begins right away. Please register soon since we have a limited number of tests available!

Online preparation can be found at : <https://collegereadiness.collegeboard.org/psat-nmsqt-psat-10/practice/full-length-practice-tests>

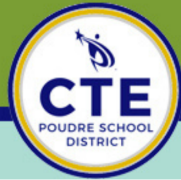
NOTE: This test day is on a Finals day for 1st quarter classes. Students, make sure you talk to your teachers before the test day. You will miss period 1 & 2 for this exam.

Please e-mail Betsy Flowers at eflowers@psdschools.org if you have questions.





College & Career



Work-Based Learning

POUDRE SCHOOL DISTRICT

CAREER TOURS ARE BACK! Sign Up Today!



- Join us for exciting tours during the school year to local companies/events
- Career areas we plan to visit: *Manufacturing, Health Care, Computer Science, Culinary and Hospitality, Interior Design/Fashion, Engineering, Architecture*
- Transportation included
- Limited Spots!

SCAN THE CODE TO GET REGISTERED OR SEE MR. PAPP IN THE COLLEGE AND CAREER CENTER FOR MORE INFO!



College & Career

Construction and Architecture Career Tour

**Thursday, October 21
9am - 1pm**

Sign Up Today!

- Join us to tour the new Wellington High School. See behind the scenes construction before it opens
- Meet with local architects, construction, engineers
- Transportation and lunch included
- Limited Spots!



SCAN THE CODE TO GET REGISTERED OR SEE MR. PAPP IN THE COLLEGE AND CAREER CENTER FOR MORE INFO!

NOW HIRING Apprentices in Fort Collins and Windsor!



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QUALITY TECHS**

\$14.25/hr , 16 years + to Apply, School Credit, 3-Year Program

Looking for students who are dedicated, detail-oriented, eager to learn and ready to work! Tolmar is a pharmaceutical company that develops and produces drugs for cancer and dermatology.

Opportunities exist for advancement. January 2022 start!

Set up a student profile with a resume to start the application at: <https://www.careerwisecolorado.org/en/>. Email Mr. Papp with questions: rpapp@psdschools.org



College & Career

NOW HIRING In Fort Collins **PRODUCTION TECH APPRENTICESHIP**

\$12.35/hr, 16+ years to apply, 3 year Program



The apprentice will operate CNC router to cut materials, assessing shop drawings to make cut lists and cut parts, fabrication of letter sets and cabinets, paint preparation, and wiring illuminated signs

Examples of the position duties include:

- Basic metal fabrication including welding, sheering, routing, forming, and use of adhesives
- Wiring low voltage LEDs illumination
- Final assembly and crating of products

Set up a Student Profile with resume to start the application at: <https://www.careerwisecolorado.org/en/>. Email Mr. Papp with questions: rpapp@psdschools.org

NOW HIRING APPRENTICES IN LOVELAND

COMPUTERS, ACCOUNTING, BUSINESS APPRENTICES

**\$13.00/ hr., 16+ years to apply, school credit, 3-Year Program
January 2022 Start**



Set up a Student Profile with resume to start the application at: <https://www.careerwisecolorado.org/en/>. Email Mr. Papp with questions: rpapp@psdschools.org



From the Health Office

Hello Rocky Family,

For families that are currently non-compliant on immunizations or have chosen personal/religious exemptions this school year. Please see the following information.

The process for exemptions has changed and the new process began July 1st for the 2021-2022 school year. The new exemption process will be required every school year.

If you have received required immunizations that we do not have on file (the required list is below) – please email mdevlin@psdschools.org or fax a copy as soon as possible to fax: 970-488-7010.

You can also view what your student is missing in ParentVUE. Thank you for your attention on this important matter.

[In ParentVUE – Under Health:](#)

You can view [Immunizations](#) – you can see if you have updated your current school with the required vaccine record or if you are missing any other required vaccinations.





From the Health Office

Colorado's new state mandate for non-compliant and non-exempt students:

Dear PSD parents/guardians of K-12 students in the 2021-22 school year,

We know you are thinking of all the things you need to do to make sure your student is ready for school. Getting vaccinated is an important part of their school readiness and keeps children from catching and spreading diseases that can make them sick. We wish you and your student a healthy school year!

Required and recommended vaccines

Colorado law requires students who attend a public, private, or parochial kindergarten - 12th grade school to be vaccinated against many of the diseases vaccines can prevent, unless a certificate of exemption is filed. For more information, visit cdphe.colorado.gov/schoolrequiredvaccines. Your student must be vaccinated against:

- Diphtheria, tetanus and pertussis (DTaP, DTP, Tdap)
- Hepatitis B (HepB)
- Measles, mumps and rubella (MMR)
- Polio (IPV)
- Varicella (chickenpox)

Colorado follows recommendations set by the Advisory Committee on Immunization Practices. You can view recommended vaccine schedules at cdc.gov/vaccines/schedules/parents-adults/resources-parents.html.

- Vaccines are recommended for hepatitis A, influenza, meningococcal disease, human papillomavirus, and Covid but are not required.

Exclusion from school

- Your student may be excluded from school if your school does not have an up-to-date vaccine record, certificate of exemption, or in-process plan for your student on file.
- If someone gets sick with a vaccine-preventable disease or there is an outbreak at your student's school and your student has not received the vaccine for that disease, they may be excluded from school activities. That could mean lost learning time for them and lost work and wages for you. For example, if your student has not received a MMR vaccine, they may be excluded from school for 21 days after someone gets sick with measles.

Have questions?

You may want to talk to a healthcare provider licensed to give vaccines or your local public health agency about which vaccines your student needs or if you have questions. You can read about the safety and importance of vaccines at SpreadTheVaxFacts.com, ImmunizeForGood.com, and cdphe.colorado.gov/immunization-education.

Paying for vaccinations

If you need help finding free or low-cost vaccines and providers who give them, go to COVax4Kids.org, contact your local public health agency, or call the state health department's Family Health Line at 1-303-692-2229 or 1-800-688-7777. You can find your local public health agency at cdphe.colorado.gov/find-your-local-public-health-agency.





From the Health Office

Vaccination records

- Please take your student's updated vaccine record to school every time they receive a vaccine. this includes Covid vaccines.
Need to find your student's vaccine record? It may be available from the Colorado Immunization Information System. Visit COVaxRecords.org for more information.

Exemptions

If your student cannot get vaccines because of medical reasons, you must submit a *Certificate of Medical Exemption* to your school, **signed by a health care provider licensed to give vaccines**. You only need to submit this certificate once unless your student's information or school changes. You can get the form at cdphe.colorado.gov/vaccine-exemptions.

- If you choose not to have your student vaccinated according to the current recommended schedule because of personal belief or religious reasons, you must submit a *Certificate of Nonmedical Exemption* to your school.

Nonmedical exemptions must be submitted annually at every new school year (July 1st through June 30th of the following year). There are **two ways** to file a nonmedical exemption:

- **File the *Certificate of Nonmedical Exemption* WITH a signature from an immunizing provider, OR**
- **File the *Certificate of Nonmedical Exemption* received upon the completion of our online education module.**

Downloadable certificates and our online education module are available at cdphe.colorado.gov/vaccine-exemptions.



Disclaimer: Poudre School District does not endorse or take responsibility for programs/activities sponsored by other organizations.