



**Rocky Mountain High School**  
 1300 West Swallow Rd.  
 Fort Collins, CO 80526

**Main Office Number**  
 970.488.7023

**Attendance Number (24 hrs)**  
 970.488.7002

**Athletics Number**  
 970.488.7016

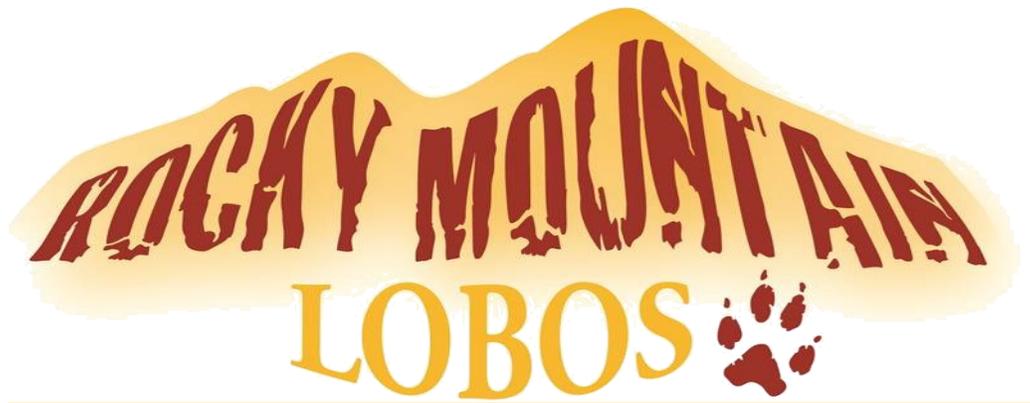
**Student Services Number**  
 970.488.7032

**School Resource Officer**  
 970.488.7013

**Media Center**  
 970.488.7040

**Website**  
<http://eweb.psdschools.org/schools/rockymountain/>

**Para informacion en Español hablar con Cynthia Santos al:**  
 970.488.7035



## Important Dates for 3rd/4th Quarter

**March 10 & 11: Finals Schedule**

**March 12: 3rd Quarter ends**

	Wednesday, March 10	Thursday, March 11
<b>1st Period</b>	9:00-10:32 am <b>FINAL (A Group)</b>	9:00-10:32am - <b>FINAL (B Group)</b>
<b>2nd Period</b>	10:37am-12:09pm - <b>FINAL (A Group)</b>	10:37am-12:09pm - <b>FINAL (B Group)</b>
<b>LUNCH</b>	12:09-12:51 PM	12:09-12:51 PM
<b>3rd Period</b>	12:51-2:23pm— <b>FINAL (A Group)</b>	12:51-2:23pm— <b>FINAL (B Group)</b>
<b>4th Period</b>	2:28-4:00pm— <b>FINAL (A Group)</b>	2:28-4:00pm— <b>FINAL (B Group)</b>

*\*\*Friday, March 12th is set aside for make-up finals for students that were absent for any finals or need to make-up work. If make-up work or finals are needed, arrangements must be made with the individual teacher(s).*

**March 12: 3rd Quarter Ends**

**March 15-19: Spring Break - NO SCHOOL**

**April 16: NO SCHOOL**



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*Growing Healthy Kids*



Well Care Visits for Kids & Teens



Designated "Sick" & "Well" Locations



Phone Nurse Available



4 Convenient Locations

**Call to Schedule Your Appointment: 970.482.2515**



# Rocky News

## Administrators and Dean of Students

If you need assistance from any of our administrators, please feel free to call or email.

Principal  
Craig Woodall  
488-7015  
[cwoodall@psdschools.org](mailto:cwoodall@psdschools.org)

Office Manager  
Erin Murray  
488-7015  
[emurray@psdschools.org](mailto:emurray@psdschools.org)

Assistant Principal  
Tim Bruell  
488-7007  
[tbruell@psdschools.org](mailto:tbruell@psdschools.org)

Assistant Principal  
Conrad Crist  
Athletics Director  
488-7006  
[ccrist@psdschools.org](mailto:ccrist@psdschools.org)

Assistant Principal  
Tyler Ann Nickel  
Activities Director  
488-7009  
[tylert@psdschools.org](mailto:tylert@psdschools.org)

Assistant Principal  
Karen Bennett  
488-7008  
[bennett@psdschools.org](mailto:bennett@psdschools.org)

Dean of Students  
Russ Stapleton  
488-7155  
[rstaplet@psdschools.org](mailto:rstaplet@psdschools.org)

Dean of Students  
Mike Ruffner  
488-7192  
[mruffner@psdschools.org](mailto:mruffner@psdschools.org)



### TEXTBOOK AMNESTY ALL OF MARCH!

### NO QUESTIONS ASKED!

### How to stop the notification emails and help another student at the same time

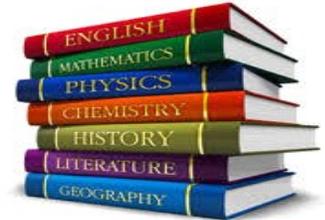
Return the RMHS textbooks, Calculators, or Cameras that you no longer use. The notification emails will stop, and another student will be able to use the classroom materials.

### Where to take them?

- Front Office
- Media Center
- Any teacher
- Any secretary
- The return box in the front entry

### How many questions will I get?

NONE



**All Women. Always.**  
Comprehensive women's healthcare for all stages of life.

Loveland & Fort Collins



**The Women's Clinic**  
of Northern Colorado

970.493.7442  
[womensclinicnoco.com](http://womensclinicnoco.com)



Enroll in our **Nursing Assistant Training Program**  
In Ft. Collins, Colorado

Apply via the **"Geriatric Education"** link on our website

We care.  
We make a difference,  
it **Matters.**



[www.columbinehealth.com](http://www.columbinehealth.com)



# Lobo Brag Board

Would you like to manage stress or worries better?

TEENS 14-18 YEARS ARE INVITED TO

**participate in a group aimed at lessening stress and anxiety.**

 The mindfulness group, which will teach stress reduction strategies, will meet **ONLINE** once per week for 6 weeks.  
**6-WEEK GROUP**

 Once before and twice after the group program, two parents and the teen will be asked to answer questions about health and relationships.  
**3 FAMILY VISITS**

 If you participate in each element of this study, your family can earn up to \$105!  
**EARN UP TO \$105**

 Total approximate time commitment for parents is 8-9 hours and for adolescents is 18 hours.  
**TIME NEEDED**



**CONTACT**

To see if your family is eligible:  
✉ [m2m@colostate.edu](mailto:m2m@colostate.edu) ☎ 970-491-5129

## Mock Trial District Competition Results

The Rocky team placed 2nd in Districts on Friday, February 19. Only the top 2 teams are going onto to state, and we are one of them!

Please help us in congratulating the following students for their hard work in Mock Trial over the last 5 months:

*Abigail Miller*

*Rachael Yett*

*Chase Elkins*

*Shanti Grossman*

*Emma Klausner*

*Raven Chamberlain-Whaley*

*Reham Abdunabi*

*Laura Thompson*

 **Salud Fort Collins**  
Family Health Centers

**WE ARE HERE FOR YOUR CHILD'S HEALTH!**

MEDICAL DENTAL PHARMACY  
BEHAVIORAL HEALTH

[saludclinic.org](http://saludclinic.org)

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**(303) 697-2583**



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**Fort Collins Jeep**

224 W Harmony Rd | 970.632.9770 | [fortcollinsJEEP.com](http://fortcollinsJEEP.com)



# Lobo Brag Board

## DECA

Please congratulate the following students for their outstanding performance at the DECA state virtual conference and for qualifying for Nationals:

- Katie McDonald: Marketing Communications - 1st Place
- Tristan Johnston and Alden Vieira: Financial Services Team Decision Making - 1st Place
- Carter Galyardt, Colin Patterson, and Rowan Steger: Business Growth Plan - 3rd Place
- Thomas Kline: Automotive Services Marketing - 6th Place

Congratulations to Tayler Dunn as a state finalist in Entrepreneurship!

## Science Bowl

Please congratulate Brady Bhalla, Elizabeth Ingham and Ryan Kimbell on finishing 5th in the state for Science Bowl on Saturday, February 27th!

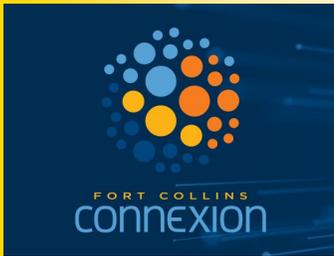
## Forensics

The forensics team competed in two tournaments in February and took home trophies from both!

At the Loveland Student Congress Invitational, Elliana Nickel was named Superior speaker in her session.

And at the Green River Invitational, competing against schools from 4 different states, the Policy debate team of David Dean R. Tostes-Ribeiro McLaughlin and Elwood Sheflin went 4-1 and finished 3rd while the Public Forum debate teams of Sydney Wang/Sammy Tetrault and Tayler Dunn/Nicole Tetrault went a combined 10-0 and were co-tournament champions!

## Go Bo's!



YOUR COMMUNITY-DRIVEN AND COMMUNITY-OWNED FIBER NETWORK!

**NO DATA CAPS!  
NO CONTRACTS!  
NO INSTALL FEES!**

Learn more & sign up for notifications at [FCCONNEXION.COM](http://FCCONNEXION.COM)

Auxiliary aids and services are available for persons with disabilities.



## Reach Parents in Larimer County through our mobile-ready newsletters

Market your business in both Poudre and Thompson school districts.

You gain visibility and targeted, increased awareness; schools gain funds from advertising revenue.

Advertise with The School Newsletter Company  
Joe Mivshek 970-420-7163 | [SchoolNewsletterCompany@gmail.com](mailto:SchoolNewsletterCompany@gmail.com)





# Student Council

## StuCu painting event on February 10th



All current Rocky students grades 9-11 interested in joining Stuco next year need to join this Google Classroom before spring break - all info and applications will be posted there!

Students, go to Google Classroom ([classroom.google.com](https://classroom.google.com)) and then "join a class" with this code: **bh6zml**

With COVID-19, things are tough for everyone.



Colorado Spirit has you covered when you need to talk with an understanding voice who can connect you with resources, or just be there to listen.

**(970) 221-5551**



SUMMITSTONE  
HEALTH PARTNERS





## College & Career

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MARKET**  
Call today!



**Joe Mivshek**

**970.420.7163**

joe.mivshek@km.com



**kw** KELLERWILLIAMS REALTY  
NORTHERN COLORADO

# MULLER

### Automation Technician Internship in Fort Collins

**ROLE AND RESPONSIBILITIES:**

As an intern Automation Technician, you will be responsible for mechanical, electrical, and pneumatic assembly of custom robotics to engineering specifications. Your ability to learn and receive instruction is paramount to your success in this position. you will also be a part of Lean manufacturing practices, which requires continuous improvement of processes, workflow, and cleanliness.

**Location:** 3939 Automation Way  
Fort Collins, CO 80525

- Company website: <https://www.muller-technology.com/>
- Starts Summer 2021 and must be 16 years of age
- Unpaid, could lead to paid position
- Tech Ed Teacher Approval (Mr. Ufer or Mr. Weber)
- See or Email Mr. Papp for more information and the application process ([rpapp@psdschools.org](mailto:rpapp@psdschools.org))





## College & Career



### College Now Information Night

Students and parents interested in learning more about the College Now concurrent enrollment programs are invited to a virtual information session. College Now programs provides opportunities for students to enroll in FRCC college classes for both high school and college credit, and tuition is paid for by the school district. Programs include High School Select and Campus Select.

**Thursday, April 1: 5:30—6:30 pm**

Please join the Webex meeting using this bitly link:

[bit.ly/3dQgMiQ](https://bit.ly/3dQgMiQ)

If it's your first time using Webex, it will automatically download when you click on the link!

Questions? Please contact the College Now department at 204-8370 or [LCCollegeNow@frontrange.edu](mailto:LCCollegeNow@frontrange.edu)  
Website: [www.frontrange.edu/lc-collegenow](http://www.frontrange.edu/lc-collegenow)



## College & Career

# Tolmar Apprenticeship

## Manufacturing Technician



- 3-Year PAID Position
- 10th, 11th, 12th Graders Can Apply
- Windsor facility

### Ways to Apply:

- Go to the CareerWise website:  
<https://www.careerwisecolorado.org/en/>
- See Mr. Papp in the College and Career Center or email him: [rpapp@psdschools.org](mailto:rpapp@psdschools.org)





## Athletics

# 2021-2022 RMHS Cheerleading Tryouts

### Dates:

- Registration closes **APRIL 19th**
- April 26-28th Tryout Clinic 4:30-6:30
- April 29th Tryout 4:30
- April 30th Parent Meeting 5:30-6:30

### Details:

#### 1. Tryout Clinic:

We will teach you how to stunt, and go over the dance, cheer and fight song that was provided prior to tryouts. (MUST LEARN MATERIAL ON YOUR OWN BEFORE TRYOUTS)

#### 2. Parent Meeting:

We will go over RMHS Cheer handbook and calendar

### Register:

Please visit our website at

<https://rockymtcheerleading.wixsite.com/rockymountainhighsch>

Contact Information:

Head Coach Lauren Roth

[laurenr@psdschools.org](mailto:laurenr@psdschools.org)





## Athletics continued...

### ATHLETICS

On 12/21/2020 CHSAA announced changes to the 2020-21 sports calendar due to Covid-19 and current public health orders.

Updated Calendar info for Seasons B-D in 2021 (as of 1/4/21):  
<https://chsaanow.com/tools/calendars/2020-21/>

**Per CHSAA Season C: Officially begins March 8 with tryouts or practices.**

**All off/pre season activities (occurring before 3/8) are considered voluntary and no athletic paperwork/orange card is needed for this sport until January 18. EXCEPT for COVID off season waiver. Click here for COVID Waiver.**

**Orange cards are required for all sports which begin March 8, before an athlete can participate in any season C sport.**

**See "Athletic Registration/Orange Permit Process" tab on home page for info.**

**Visit <https://www.rockyathletics.org/> for preseason/season schedules (as they become available) for:**

Field Hockey – practices take place at Fossil Ridge

Gymnastics

Boys Soccer

Girls Volleyball

**At this time we do not have any information with regards to spectator allowances for season C sports.**

### **Girls Volleyball tryouts are as follows:**

Monday, 3/8 - 7-9:00 pm  
 Tuesday, 3/9 - 4:20-6:15 pm  
 Wednesday, 3/10 - 7-9:00 pm  
 Thursday, 2/11 - 4:20-6:30 pm.

Orange card is required BEFORE you can tryout.

Visit <https://poudreathletics.sportnqin.com/register/form/013279837> for orange card process.

### **BOYS SOCCER TRYOUTS:**

**March 8-10, 4:30-6:30 on French & grass soccer field.**

Orange card is required BEFORE you can tryout.

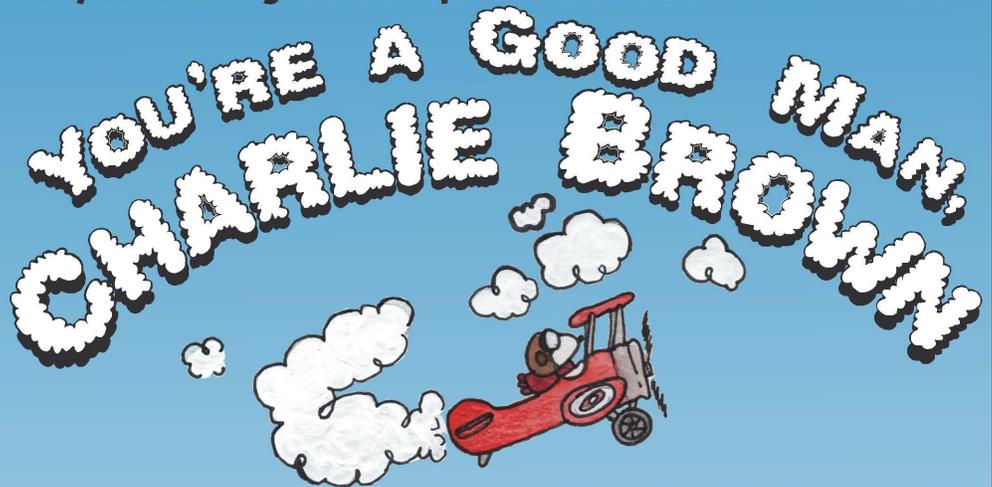
Visit <https://poudreathletics.sportnqin.com/register/form/013279837> for orange card process.





# Music and Theatre

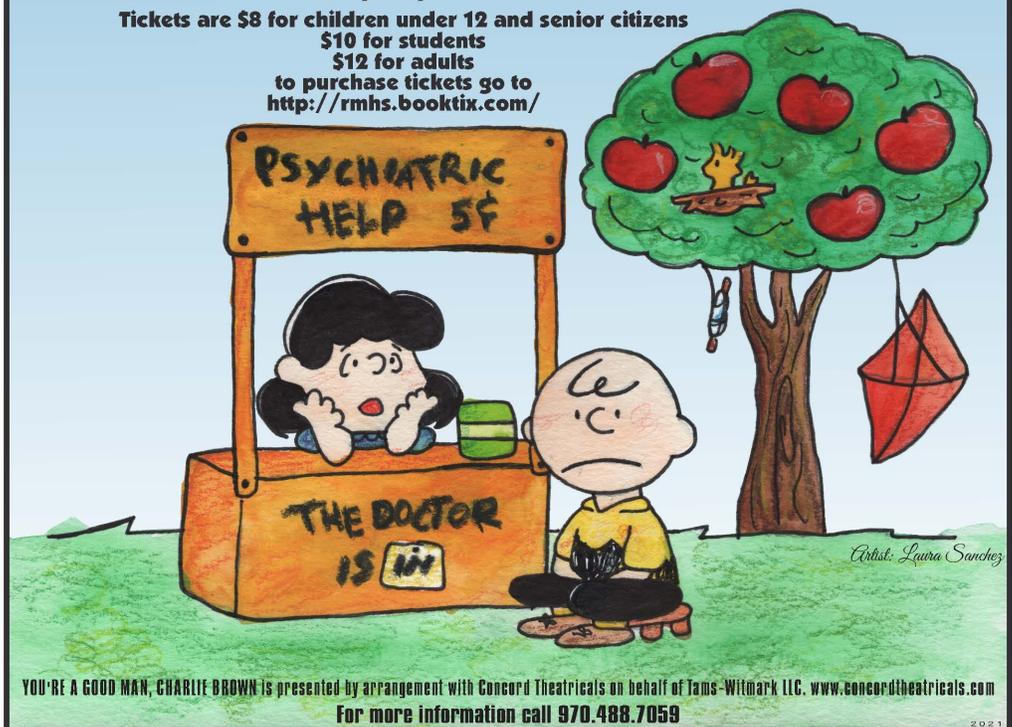
Rocky Mountain High School Departments of Music and Drama Present:



Based on The Comic Strip "Peanuts" by Charles M. Schulz  
Book, Music and Lyrics by Clark Gesner  
Additional Dialogue by Michael Mayer  
Additional Music and Lyrics by Andrew Lippa

Live Stream Performances on  
March 11, 12, 13 at 7:00

Tickets are \$8 for children under 12 and senior citizens  
\$10 for students  
\$12 for adults  
to purchase tickets go to  
<http://rmhs.booktix.com/>



Artist: Laura Sanchez

YOU'RE A GOOD MAN, CHARLIE BROWN is presented by arrangement with Concord Theatricals on behalf of Tams-Witmark LLC. [www.concordtheatricals.com](http://www.concordtheatricals.com)  
For more information call 970.488.7059

2021



# College & Career



## SUMMER EMPLOYMENT NIGHTS

### SET YOUR SUMMER FOR FUN AND PROFIT

Larimer County Economic and Workforce Development invites **youth (ages 14-18) and parents** to:

- Hear from a local employer panel about best job search practices
- Learn about paid internships, summer jobs, and MORE!
- Meet the Larimer County Conservation Corps (ages 18-25)

MARCH  
**3**  
2021

Larimer County  
Loveland Virtual Event

Larimer County  
Fort Collins Virtual Event

MARCH  
**10**  
2021

5:30 PM - 6:30 PM - Summer Employment Panel  
6:30 PM - 6:45 PM - Summer PAID Internships  
6:45 PM - 7:00 PM - Larimer County Conservation Corps

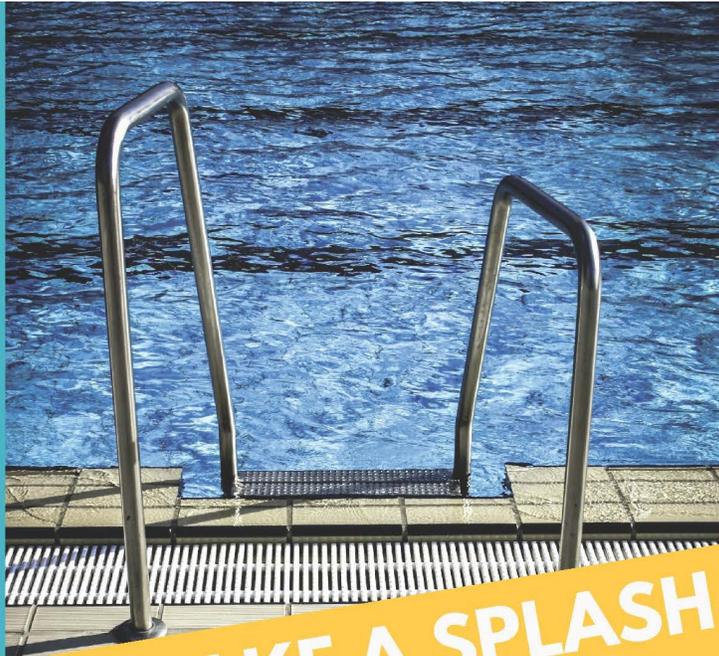
Register at [larimer.org/ewd/summer2021](http://larimer.org/ewd/summer2021) or call 970.498.6608.



Larimer County Economic and Workforce Development is an equal opportunity agency and supports Veterans priority of service. Qualified persons with disabilities can request reasonable accommodations with seven business days' notice by emailing [lcewd-ada@larimer.org](mailto:lcewd-ada@larimer.org) or calling 970.498.6600 or Relay Colorado 711. Accommodation requests will be honored when possible but may be unavailable if advance notice is not provided.



## College & Career



**MAKE A SPLASH.  
EARN SOME CASH.**

*We are looking for*

- Lifeguards
- Pool Managers
- Swim Lesson Instructors
- Pool Maintenance Technicians

Apply at [splashpoolservices.com/employment](https://splashpoolservices.com/employment)





# College & Career

MARCH 2021

V.2 ISSUE 2

## GO BEYOND

The official newsletter of Work-Based Learning at PSD



Work-based learning (WBL) provides students with real-life experiences where they can apply academic and technical skills and develop their employability. WBL merges theory with practice; it bridges the gap between learning and doing.

Watch this [video](#) to learn more about Work-Based Learning opportunities in PSD!

Xello gives high school students a chance to explore careers and industries by connecting them with local employers and community members.

\*Internships \*Apprenticeships \*Job Shadows \*Paid work \*Volunteerism \*Monitored chat rooms

Students: [Login to Xello](#) to see work-based learning opportunities. If you would like to earn credit at your high school for a work-based learning experience, [please submit this form](#).

Industry Partners: [Find out here](#) how you can engage with students and offer work-based learning opportunities.

Contact your Work-Based Learning Coordinator for more information:



Fort Collins High School  
Pam Davidson  
pdavidso@psdschools.org



Fossil Ridge High School  
Terra Thiebaut  
tthiebau@psdschools.org



Poudre High School  
Wendy Tomaszow  
wtomasch@psdschools.org



Rocky Mountain High School  
Robert Papp  
rpapp@psdschools.org



CTE Coordinator  
Tanya Alcaraz  
talcaraz@psdschools.org

CHS, PCA, PGA, Polaris and  
Outreach Coordinator  
Kelly Kappel  
kkappel@psdschools.org

CTE Secretary  
Sherril Ladjinski  
sladjinski@psdschools.org

### Automation Internship Muller Technology, Fort Collins

- Application deadline March 30
- Current 10th and 11th graders can apply, must be 16 years of age
- Unpaid with potential for paid position
- **Role and Responsibilities:** As an Automation Technician intern, you will be responsible for mechanical, electrical, and pneumatic assembly of custom robotics to engineering specifications. Learn more about Muller at [www.muller-technology.com](http://www.muller-technology.com)
- Job description and application in your [Xello](#) account under Explore Opportunities. **Tech Ed teacher approval required**
- Contact your WBL coordinator for more details

### Manufacturing Apprenticeship Tolmar, Windsor

- Application deadline March 30
  - Current 10th and 11th graders can apply, must be 16 years of age by June 1st
  - 3-year paid apprenticeship
  - **Role and Responsibilities:** As a Manufacturing Production Technician, you will set up, test, adjust and run manufacturing machinery and equipment. Get more information about the opportunity here: [Tolmar Manufacturing Technician](#)
  - Job description and application in your [Xello](#) account under Explore Opportunities
  - Contact your WBL coordinator for more details
- Read about a past [PSD Tolmar Apprentice!](#)**



# College & Career

MARCH 2021

V.2 ISSUE 2

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- Learn about paid internships, summer jobs, and MORE!
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MARCH  
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Larimer County  
Loveland Virtual Event

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Fort Collins Virtual Event

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2021

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6:30 PM - 6:45 PM - Summer PAID Internships  
6:45 PM - 7:00 PM - Larimer County Conservation Corps

Register at [larimer.org/ewd/summer2021](http://larimer.org/ewd/summer2021) or call 970.498.6608.



Larimer County Economic and Workforce Development is an equal opportunity agency and supports Veterans priority of service. Qualified persons with disabilities can request reasonable accommodations with seven business days' notice by emailing [sewd@larimer.org](mailto:sewd@larimer.org) or calling 970.498.6608 or by calling Colorado TDD. Accommodation requests will be honored when possible but may be unavailable if advance notice is not provided.

## CALENDAR OF EVENTS

MARCH 2/3 - VIRTUAL I4E EXPLORATION DAY, INSTITUTE FOR ENTREPRENEURSHIP, CSU

MARCH 3 AND 10 - SUMMER EMPLOYMENT NIGHTS, LCEWD

APRIL 6/7 - VIRTUAL I4E EXPLORATION DAY, INSTITUTE FOR ENTREPRENEURSHIP, CSU

APRIL 19-22 - COLORADO VIRTUAL CAREER FAIR

JUNE 2-5 - CSU'S WOMEN IN CONSTRUCTION MANAGEMENT VIRTUAL SUMMER INSTITUTE



Colorado Youth **connecting live** with professionals representing all 17 career clusters, and multiple ethnicities, backgrounds, and parts of Colorado.

## COLORADO VIRTUAL CAREER FAIR

APRIL 19-22, 2021 (M-TH)  
4:00-6:30PM VIA ZOOM

Panel Session schedule, registration and more @ [YOUTH-CAREERFAIR.ORG](http://YOUTH-CAREERFAIR.ORG)



ASL, translation, closed captioning available

### Virtual Career Tours

MANUFACTURING - VIDEOS OF NOCO BUSINESSES

JUNIOR ACHIEVEMENT - CAREER/JOB SHADOW VIDEOS

visit @psd\_cte on



**WOMEN IN CONSTRUCTION MANAGEMENT** June 2-5, 2021  
**VIRTUAL SUMMER INSTITUTE**

**CONSTRUCTION MANAGEMENT**  
COLORADO STATE UNIVERSITY

Construction Managers work in dynamic teams to take the designer's vision and make it a reality. With one of the highest job placement rates and starting salaries of any major degree in CSU is a great choice for young women who enjoy teamwork, solving complex problems, critical thinking, and creating the world around them.

Breaking down stereotypes and building confidence

Application Opens: February 1  
Deadline to apply: March 18th  
Access testimonials, past photos, and the application here! [csu.co/colstate.edu/wic](http://csu.co/colstate.edu/wic)

- For 18 to 28 year-olds
- Half-day **FREE** sessions
- Get a job confidence
- Meet successful women from industry
- Explore career opportunities in the construction industry
- Connect with student mentors while learning new and exciting things
- *Must have access to computer or laptop & reliable internet*

**RAM BUILT**

**SPLASH** MAKE A SPLASH. EARN SOME CASH.

We are looking for

**Lifeguards**  
**Pool Managers**  
**Swim Lesson Instructors**  
**Pool Maintenance Technicians**

Apply at [splashpoolservices.com/employment](http://splashpoolservices.com/employment)



# College & Career

LEARN MORE & APPLY!



career:  
inspiring early careers rise

## SUMMER INTERNSHIPS

Must be 16-18 years old

250 hours in length

Pay is \$14 per hour

INDUSTRIES INCLUDE:  
Healthcare, Manufacturing,  
Automotive, IT/Tech, & MORE!

DEADLINE TO APPLY:  
March 31, 2021

[www.larimer.org/ewd/summerinternships](http://www.larimer.org/ewd/summerinternships)



NORTHERN COLORADO  
HEALTH SECTOR PARTNERSHIP

A proud partner of the americanjobcenter network

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# College & Career



Colorado Workforce  
Development Council  
Colorado State Youth Council

Colorado Youth **connecting live** with professionals representing all 17 career clusters, and multiple ethnicities, backgrounds, and parts of Colorado.

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4:00-6:30PM VIA ZOOM

Panel Session schedule,  
registration and more @  
[YOUTHCAREERFAIR.ORG](http://YOUTHCAREERFAIR.ORG)

ASL, translation, closed captioning available



Disclaimer: Poudre School District does not endorse or take responsibility for programs/activities sponsored by other organizations.