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Rocky Mountain High School 1300 West Swallow Rd. Fort Collins, CO 80526

Main Office Number 970.488.7023

Attendance Number (24 hrs) 970.488.7002

Athletics Number 970,488,7016

Student Services Number 970.488.7032

School Resource Officer 970.488.7013

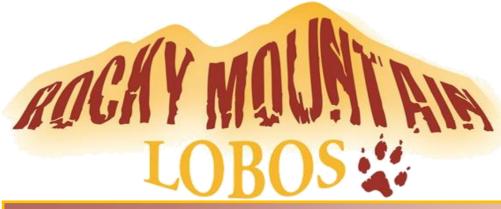
Media Center 970.488.7040

Website

http://eweb.psdschools.org/ schools/rockymountain/

Para infomacion en Español hablar con Reina Robles al: 970.488.7035





Important Dates for 3rd/4th Quarter

March 12, 13 & 14: Musical Performances, 7:00 pm at RMHS

March 12 & 13: Finals Schedule

March 13: 3rd Quarter ends

	TI 1 M 1 10	D : 1 Nr. 1 12
	Thursday, March 12	Friday, March 13
1st Period	9:00-10:27 am	9:00-10:27 am— FINAL
2nd Period	10:35 am-12:10 pm	10:35 -12:10 pm— FINAL
LUNCH	12:10-12:58 pm	
3rd Period	12:58-2:25 pm— FINAL	
4th Period	2:33-4:00 pm— FINAL	

*The afternoon of March 13th is set aside for make-up finals for students that were absent for any finals or need to make-up work. Buses run on a normal schedule. Lunch is not served unless a special order is placed with food services.

March 16-20: Spring Break-NO SCHOOL

April 1: Senior/Parent Meeting, 7:00 pm @ RMHS

April 10: NO SCHOOL



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Administrators and Dean of Students

If you need assistance from any of our administrators, please feel free to call or email.

Principal
Craig Woodall
488-7015
cwoodall@psdschools.org

Office Manager Erin Murray 488-7015 emurray@psdschools.org

Assistant Principal Tim Bruell 488-7007 tbruell@psdschools.org

Assistant Principal Shawn Terry Athletics Director 488-7006 sterry@psdschools.org

Assistant Principal Tyler Ann Nickel Activities Director 488-7009 tylert@psdschools.org

Assistant Principal Karen Bennett 488-7008 bennett@psdschools.org

Dean of Students Russ Stapleton 488-7155 rstaplet@psdschools.org

Dean of Students Mike Ruffner 488-7192 mruffner@psdschools.org



Music and Theatre

Rocky's Departments of Music and Theatre Presents



Join us March 12, 13, and 14 at 7:00pm in the Rocky Auditorium

Tickets go on sale February 17 online at www.rmhs.booktix.com

\$8 for children and senior citizens, \$10 for students \$12 for adults

Contact Larissa Schendel at lschende@psdschools.org for additional information



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SUMMITSTONEHEALTH.ORG



CHEER TRYOUTS

FOR THE <u>2020-2021</u> SEASON

TRYOUT CLINIC: APRIL 27-29, 6:30-8:00 IN

THE RMHS AUX GYM.

TRYOUT: THURSDAY, APRIL 30 6:30-8:00 IN RMHS AUX GYM.

Calling all Bo's and future Lobos...the 2020-2021 cheer team is preparing for the new season!!! If you want the best seat at the game, a bond like none other, and cheer on Rocky Mountain HS, please pick up a tryout packet at the RMHS front office or at the following link:

https://www.rockyathletics.org/page/2967

CONGRATS to the entire wrestling team for taking second place at States as a team!!! Special shout out to:

Alec Hargreaves placed 2nd @ 195 lb Lance Johnson placed 3rd @ 106 lb Kolten Strait placed 3rd @ 132 lb Matt Kinerson placed 3rd @ 182 lb Trey Hardy placed 5th @ 170 lb Spencer Bowman placed 6th @ 126 lb

Special CONGRATS to Wrestling Team for becoming Regional Champions!! Nine athletes qualified for States:

Lance Johnson - Champion - 106 lb Kolten Strait - Champion - 132 lb Alec Hargreaves - Champion - 195 lb Spencer Bowman - 2nd place - 126 lb Christian DeHerrera - 2nd place - 132 lb Rider Anderson - 2nd place - 145 lb Trey Hardy - 2nd place - 170 lb Matt Kinerson - 2nd place - 182 lb Cole Griffin - 4th place - 160 lb







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SPRING ADMISSION TO ATHLETIC EVENTS

There is no charge for all spring sports. <u>HOWEVER</u>.... When teams qualify for the CHSAA post season (aka: Playoffs, Regionals, State, etc...) an entrance fee will be charged. CHSAA sets the post season entry fees.

SPRING PARENT/COACH MEETING DATES:

Thursday, March 5 - Girls Golf @ 6:00 in SJOS

Thursday, March 5 – Girls Lax @ 6:30 in Media Center

Thursday, March 5 - Girls Soccer @ 7:00 pm in MPR Monday,

March 9 - Baseball @ 6:00 pm in MPR

WHERE DO I FIND SPRING TEAM SCHEDULES? http://www.rockyathletics.org/

Note that schedules are subject to change, so, if you want to be notified about the change, you have to sign up for notifications at "Notify Me."

<u>SPRING SPORTS TEAM PHOTOS</u>: Athlete must have their uniform, completed picture packet (given out at your parent meeting) and payment at time of photo shoot. Team photo info can be found on athlete's sports schedule on rockyathletics.org.

INCOMING FRESHMAN - WHEN CAN THEY PARTICPATE AT THE HIGH SCHOOL???

Per PSD District...**No 8th graders are to participate in any training with any RMHS sport until the Middle School Track season has completed (after May 18th). <u>EXCEPTION...Middle School cheer/dance athletes may participate in tryouts which take place before May.</u>

INCOMING FRESHMAN FOOTBALL INFO – visit https://www.rockyathletics.org/page/5398

OPTIONAL SOFTBALL WEIGHTS

Girls interested in softball should plan to attend optional softball weights on Wednesday and Friday mornings from 7:30am-8:30am. Athletes will enter through the north athletic doors. If athletes have questions please see Coach Chung.







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Is it just a phase?



CAYAC
Child, Adolescent and
Young Adult Connections

Helping youth and families find answers, options and support.



970-221-3308



College & Career

Thank You to our Volunteers at the 2020 Career Xpo: What's Your Endgame!



Keynote: Mitch Bell, RMHS alumnus &Marvel Studios producer

The Rocky Mountain High School Career Xpo committee would like to thank all our volunteers for making the 10th Career Xpo a huge success!

Nearly 200 community members donated their time and knowledge for the afternoon to help our juniors explore a wide variety of careers, career pathways, and post-secondary education options.

Throughout the afternoon, Rocky juniors traveled through three stations: keynote speaker–Mitch Bell, RMHS alumnus and Marvel Studios producer, a breakout session in a career field of the student's choice, and the career and college booths in the gyms.

Thank you all for helping create this unique and valuable career exploration opportunity for our students! It was a great day for our students to explore and plan for their Endgames! We couldn't do it without your help & support!



One of the nineteen breakout sessions



Over eighty booths represented career areas and education options



Columbine Health Apprenticeship Applications NOW Available!



- Current 10th/11th graders can apply (must be 16 by Aug)
- 2-Year Program
- · Get paid and receive high school credit
- CNA Certification earned
- See Mr. Papp for application (Due March 10)









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All women. Always



Fort Collins Loveland Greeley

970.493.7442

womensclinicnoco.com



College & Career

Spring Hiring Fair on Wed, April 2 @ Lunch in Media Center

Businesses are Ready to Hire You!!

- Sign Up for Interview times in the College and Career Center
- Must be at least 16 Years Old, some for 15 years+
- See Mr. Papp with questions









ATTENTION HIGH SCHOOL STUDENTS!



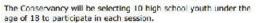
Explore, Learn and Serve in Rocky Mountain National Park with the Rocky Mountain Conservancy

Dates: June 15-26, 2020 July 6-17, 2020 July 27-August 7, 2020

Light Latertainment Digities & Yeck side Services

Program Details

The RMC - High School Leadership Corps is an immersive 12-day experience. Participants will camp in Rocky Mountain National Park. Over the course of the twelve days the HSLC will complete several volunteer projects, participate in trainings, and camp.





Participants will receive a \$400 stipend upon completion of the program. Additionally, the Rocky Mountain Conservancy provides housing (camping), work clothing, boots and gear for the experience.

To learn more about this opportunity, contact Geoff.Elliot@rmconservancy.org or (970)586-3262

Applications due by April 5, 2020



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Hotel Management and Banking Apprenticeships Available

- Current 10th/11th Graders Can Apply
- Learn and Earn: get paid and received industry certifications
- 3-Year Program
- See Mr. Papp with details







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College & Career



PSD's College Admissions Case Studies

How Do Selective Colleges Make Admissions Decisions About Applicants?

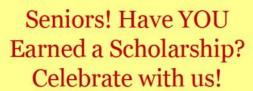
Learn About The Process, Then Vote For Your Top Applicant in a mock review session!

Wednesday, April 22, 2020 6:00PM Fossil Ridge High School: 5400 Ziegler Road

For PSD high school students and parents/guardians

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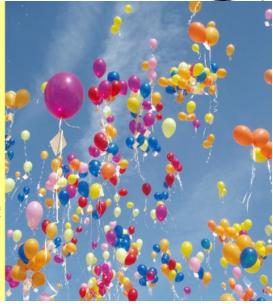
Thanks to our college partners at ROAR!



Save the dates:

- Academic, Leadership, Service, and Arts Scholarship (ALSAS) Signing Ceremony on Wednesday, April 29th at 4:15 PM in the Media Center. Students who will use a scholarship worth full-tuition (or more) at their college/university are invited to be recognized at this event (similar to an athletic signing).
- Scholarship Breakfast on Wednesday, May 20 at 7:15— 8:45 AM in the Main Gym. All seniors who have been offered a scholarship (whether or not they will use that award) and their parents/guardians are welcome.

Get details on registering for these events at the mandatory **Senior/Parent meeting** on Wednesday, April 1 at 7:00 PM in the Main Gym (recommended arrival at 6:30—be checked in and seated before 7:00PM).





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Please join us in congratulating the following *Winter College Signees*:

Alexa Geller – Softball – University of Jamestown

Dylan Hupfer – Baseball – Fort Hays State University

Peter Krohn – Football – Chadron State University

Ellie Martinez – Lacrosse – Fort Lewis College

Kiki Mayes – Volleyball – Bentley University

Rain Orsi – Cross Country- Lawrence University

Sierra Ortiz – Softball – Lamar University

Connor Stephenson – Football – South Dakota School of Mines & Technology

Brogan Stevens – Baseball – Scottsdale Community College

Carmella Wright – Cross Country/Track – Fort Lewis College

Jacob Willig - Football - CSU-Pueblo

Way to go student athletes!

The Looking Glass received the following notification from the National Council of Teachers of English (NCTE) recently:

It is my pleasure to inform you that your school's literary magazine, *THE LOOKING GLASS* has been selected to receive the rank of REALM First Class in the 2019 NCTE Recognizing Excellence in Art and Literary Magazines (REALM) Program. From all of us at The National Council of Teachers of English (NCTE) congratulations to you and your students on this exceptional publication. We commend you for inspiring a love of writing that your students will remember for the rest of their lives.

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MOCK TRIAL

Please help us in congratulating our Lobo Mock Trial team for getting first place in the regional competition over the weekend!!

Our Mock Trial team consists of:

Rain Orsi Kirra Davis

Shanti Grossman Colter Yett

Laura Thompson Christian Saavedra

Charlotte Thompson Keegan Murphy

Matilda Elson Samantha Nagel

Ellie Smith Claire Flippen

Additionally, our very own Christian Saavedra won the individual award for Best Attorney!

SPEECH AND DEBATE

Please congratulate the following Lobos who qualified for State at our Region 1 tournament on Saturday. They'll be competing March 20-21 at Cherokee Trail High School in Aurora.

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DECA State

Please congratulate the following students for their outstanding performance at DECA state. Over 2,700 students competed, networked, attended workshops, and keynote.

The following students qualify for Nationals being held in Nashville this April:

Katie McDonald: Professional Selling Event - 1st Place

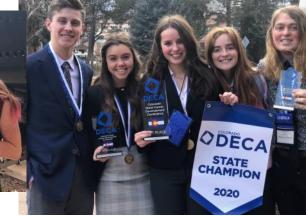
Garrit Wilson and Olivia Nicholson: Hospitality Services Team Decision Making - 4th Place

Mackenzie Haase and Jackson Sayers: Sports and Entertainment Marketing Team Decision Making - 4th Place

Special shot-out to freshman Alden Vieira for qualifying for the finals round in Principals of Finance.

All of our Lobos who attended were professional, helpful and we are proud them! Thank you for supporting these awesome









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Big Congratulations to the following Rocky Artists for being awarded in the 2020 Scholastic Art Awards of Colorado!

Tyra Brown Painting Silver Key Jamie Fortunato Gold Key Art Portfolio Gold Key Photography Gold Key Photography Mason Maher Silver Key Sculpture Regan Thomas Gold Key Photography Gold Key Photography Drawing & Illustration Orion Whitcher Gold Key



Tyra Brown





Mason Maher



Regan Thomas

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Lobo Brag Board







Orion Whitcher



Jamie Fortunato

*Gold Key awarded pieces are currently competing at the National Level in New York



Auditions for Musical Theatre Production 2021

Students interested in auditioning to be part of the 2021 musical theatre production cast must attend auditions on Friday, March 27 from 4-7 in the RMHS auditorium. Students need to come prepared with a one-minute, *memorized* monologue and 16-24 bars from their favorite musical. Students should also have sheet music for their chosen song – an accompanist will be present at auditions. Please note that this is for a spot in the 2021 class – parts auditions will be at the end of this school year.

For more information contact Ms.Schendel (488-7059) or Ms.Hohweiler (488-7151)

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Rocky Assessment Schedule 2020

April 14th & 15th

<u>Tues. April 14th</u> (only 10th and 11th graders will be attending in the morning, all grades in the afternoon)

 $SAT (11^{th} grade) 9:00 - 1:00 (goes until 1:52 with optional essay)$

PSAT 10 (10th grade) 9:00 – 12:40

Lunch 12:50 - 1:40

Class - All Grades

Period 1 (65 min) 1:40 - 2:45

Period 2 (65 min) 2:55 – 4:00

Wed. April 15th (only 9th and 11th graders will be attending in the morning, all grades in the afternoon)

PSAT 9 (9th grade) 9:00 – 12:20

CMAS Science (11th grade) 9:00 – 12:40

Lunch 12:30 - 1:20

Class - All Grades

Period 3 (75 min) 1:20 – 2:35

Period 4 (75 min) 2:45 – 4:00



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Why are these exams important?

9th graders - This will be the first year freshmen will be taking the PSAT 9 exam

- This exam leads right into the assessment they will take as sophomores which is the PSAT 10 as
 well as the exam they will take as juniors, which is the SAT.
- They are all very similar exams in both structure and questioning.
- It will give a reflection of the great work the students and teachers have put in at the freshmen level this year.
- Students will be able to get specific guided practice on areas of need for the PSAT 10 utilizing
 Kahn Academy after they get back the results from this exam. See Collegeboard.org for more
 information about how to take advantage of this excellent free resource.
- It will give the students an experience of what taking a state test will be like which is something
 we cannot duplicate in the normal day to day classroom. You do not want the first time students
 experience this testing environment to be when they take their college entrance exam as a junior.

10th graders - They will be taking the PSAT 10. This will be the third year sophomores have taken this exam

- This exam leads right into the assessment they will take as juniors, which is the SAT.
- They are very similar exams in both structure and questioning.
- . It will reflect the great work the student and teachers have put in at the sophomore level this year.
- Students will be able to get specific guided practice on areas of need for the SAT utilizing Kahn
 Academy after they get back the results from this exam. See Collegeboard.org for more information
 about how to take advantage of this excellent free resource.
- It will give the students an experience of what taking a state test will be like which is something
 we cannot duplicate in the normal day to day classroom. You do not want the first time students
 experience this testing environment to be when they take their college entrance exam as a junior.

11th graders - They will be taking the SAT. This will be the second year juniors have taken the SAT.

- It will reflect the great work the student and teachers have put in at the junior level this year.
- This exam will be accepted by most colleges/universities as part of a student's college application.
- Allows students the ability to access scholarships depending on score and the college/university
 they plan to attend.

11th graders will also be taking the CMAS Science exam

- It will reflect the great work the student and teachers in our science department have put in over the last 3 years.
- It will give the students an experience of taking a high stakes computer based test which is something we cannot duplicate in the normal day to day classroom. Many placement tests for colleges and universities are computer based and having this experience will help them prepare for that situation.

For all students and parents, we want you to understand that these exams reflect both the student's individual learning and the learning of the school as a whole. We would love for that to be a true reflection of both. In order to make that happen we need <u>students to be in attendance</u> and to take these days seriously. We realize that testing is not the only way for Rocky to show off what an incredible school we are, but it is another opportunity to do so. We appreciate your support and if you have any questions regarding testing please contact Tim Bruell at <u>tbruell@psdschools.org</u> or 970·488·7007.

Remember these assessments are REQUIRED

Students are expected to be in attendance on their scheduled testing days. If your student is not going to be here please visit this link: https://www.psdschools.org/assessment-and-school-support/district-and-state-assessment-opt-out

Seniors, as well as those that opt out should only be at school in the afternoon on both days.

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Be ready!!!



For rain or shin





Lobo Students and Parents!

Happy March Lobos! As always, we are here to support all athletes and their families to provide great fan gear! Spring sports are here! Come stock up on your favorite Lobo gear!

Watch Instagram and Facebook to see where we will be and to be the first new items!

The PAC store is open every **Tuesday** during the lunch hour and during most home basketball games!

We look forward to seeing you and don't forget you can always call or email us for special shopping times!

PAC has opportunities for small or big volunteer positions! Please contact us if interested!

Currently, proceeds are used to:

- Purchase athletic letters and pins
- Purchase awards for Rocky's honor athletes
- Host the homecoming tailgate BBQ
- Assist in purchasing athletic equipment and technology
- Supplement priority athletic expenses requested by coaches at the discretion of the PAC grant committee



Follow us on INSTAGRAM AND FACEBOOK! **RMHS PAC**



Karen Cho rmhaspac@gmail.com 970-219-1970

Brenda Roach 970-217-7008



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FORT COLLINS YOUTH RUGBY GIRLS 15'S SEASON



Practice starts February 27 5:00pm at Fossil Creek Park

No experience necessary. All you need is soccer cleats, a mouth guard, and a desire to learn a new sport! Contact Jen Schwab with any questions: 970-412-6017 or

Jen.Schwab@thompsonschools.org

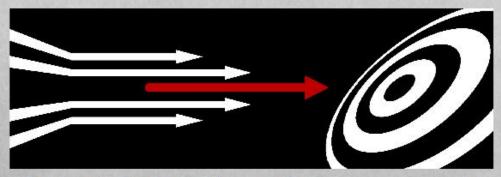


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College & Career

Get on Target: Class of 2021 College Boot Camp Poudre, Polaris, & Rocky Mountain High Schools



When it comes to college, I wish I would have started way earlier. Senior year is so busy! ~2019 RMHS grad

I should have applied to more colleges and a wider variety of colleges. ~2019 PHS grad

Monday, June 1

1:00-4:00 PM

Poudre HS (201 S Impala Dr)

Free (students must register)

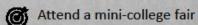
Start your senior year on target.

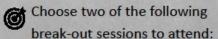
Register at:

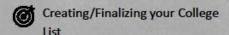
https://forms.gle/yfG7tBsqwMa

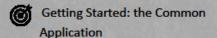
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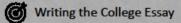
Learn about the college process at your high school











Thanks to our college partners at ROAR!



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Scholarships Available

With locations nationwide, Camp Cardiac is a 1-week summer day camp open to all high school students (including Spring/Summer graduates) 15-18 years of age as of first day of assigned session and currently residing in the US. Although Camp Cardiac's primary focus is on care and maintenance of the heart, it provides an excellent starting point for careers in all fields of medicine.

For more information, including locations, dates, deadlines, and applications details, please visit www.campcardiac.org.



All of the following and more is included:

CPR Certification
Hands-on Workshops
Basic Knowledge Lectures
Introduction to Various Careers in Healthcare
Heart Dissection (pig)
Medical Student Forum
Daily Heart Healthy Lunch
Healthy Living Exercise
Graduation Certificate



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Scholarships Available

With locations nationwide, Camp Neuro is a 1-week summer day camp open to all high school students (including Spring/Summer graduates) 15-18 years of age as of first day of assigned session and currently residing in the US.

Although Camp Neuro's primary focus is on care and maintenance of the brain as well as psychology, it provides an excellent starting point for careers in all fields of medicine.

For more information, including locations, dates, deadlines, and applications details, please visit <u>www.campneuro.org</u>.



All of the following and more is included:

Hands-on Warkshops
Basic Knowledge Lectures
Introduction to Various Careers in Healthcare
Brain Dissection (plg)
Medical Student Farum
Daily Healthy Lunch
Healthy Living Exercise
Graduation Certificate



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Student Opportunity



Apply for a PAID summer internship in healthcare supported by and Larimer County Economic & Workforce Development

Internship positions include:

Associates in Family Medicine, Fort Collins

QI/Pop Health Intern - 16 years old+

Banner Health, McKee Medical Center—Stepping Stones Adult Day Program, Loveland

Summer Internship — 16 years old+

Columbine Health Systems

Personal Care Provider — 16 years old+ (Loveland) Personal Care Provide — 16 years old+ (Windsor)

Need assistance with resume development or interview preparation?

Register for a workshop over spring break at larimer.org/ewd/bootcamp OR schedule a one-on-one consultation by calling (970) 498-6608.









Aproud partner of the americanjobcenter network



Larimer County Economic & Worldorce Development is an equal opportunity agency and supports Veterans priority of service. Qualified persons with disabilities can request reasonable accommodation with serven business days' notice by emailing loowd-ade@larimer.org or calling \$70.498.600 or fielder Colorado 711. Accommodation requests will be honored when possible but may be unaveilable if edvence notice is not provided.



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Student Opportunity



Apply for a PAID summer internship in manufacturing supported by the NoCo Manufacturing Sector Partnership and Larimer County Economic & Workforce Development

Internship positions include: Avid Products, Loveland

3D Printing Technician — 16 years old+

Axelson Manufacturing, Frederick
Entry-Level Machine Operator — 16 years old+

BI Incorporated, Boulder
Production Specialist — 16 years old+ (2 positions available)

Colorado Time Systems, Loveland Entry-Level Electro-Mechanical Assembly — 16 years old+

Davinci Sign Systems, Windsor

Manufacturing Intern — 17 years old+

Sign Cabinet Fabricator Intern — 16 years old+

Heat Transfer Assembler & Packer — 16 years old+

Marketing and Operations Intern — 16 years old+

Machine Operator— 16 years old+

Operose Manufacturing, Frederick

Machinist — 16 years old+

Operations Associate — 16 years old+ (2 positions available)

Specialty Products Company, Longmont
Purchasing and Quality Department— 16years old+
Ware House Intern — 16 years old+

Surgireal, Loveland
Production Intern— 16 years old+

Super Vacuum Manufacturing Company, Fort Collins

Graphics Intern — 16 years old+

Manufacturing Intern — 16 years old+ (2 positions available)

Application and Resumes need to be submitted by: March 31, 2020









A proud partner of the american obcenter network

er County Economic & Worlforce Development is an equal opportunity agency and supports Veterans priority of service. Qualified persons
disabilifies can request reasonable accommodations with naven buschess days' notice by emailing (cowd-ad@Plarimer.org or calling 970.498.6600 or Relay Colorado 711.
Accommodation requests will be honored when possible but may be unavailable if advance notice is not provided.



Disclaimer: Poudre School District does not endorse or take responsibility for programs/activities sponsored by other organizations.