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Rocky Mountain High School 1300 West Swallow Rd. Fort Collins, CO 80526

Main Office Number 970.488.7023

Attendance Number (24 hrs) 970.488.7002

Athletics Number 970,488,7016

Student Services Number 970,488,7032

School Resource Officer 970.488.7013

Media Center 970.488.7040

Website

http://eweb.psdschools.org/ schools/rockymountain/

Para infomacion en Español hablar con Cynthia Santos al: 970.488.7035





Happy New Year!!

Important Dates for 2nd Quarter

Tuesday January 4th: Students back in session.

Wednesday, February 9th: College planning night. Look

for more details in January Parent Announcements

Monday March 14th- Friday March 18th: Spring Break,

RMHS Offices Closed

Wednesday, April 6th: MANDATORY Senior/Parent

Meeting on Graduation-6:30pm in RMHS Gym

Saturday May, 21st: RMHS Graduation; 1pm- Moby

Arena



Click Here to Self-Schedule Your Child's Well Care Visit Today!

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Administrators and Dean of Students

If you need assistance from any of our administrators, please feel free to call or email.

Principal
Craig Woodall
488-7015
cwoodall@psdschools.org

Office Manager Erin Murray 488-7015 emurray@psdschools.org

Assistant Principal Tim Bruell 488-7007 tbruell@psdschools.org

Assistant Principal Conrad Crist Athletics Director 488-7006 ccrist@psdschools.org

Assistant Principal Tyler Ann Nickel Activities Director 488-7009 tylert@psdschools.org

Assistant Principal
Karen Bennett
488-7008
bennett@psdschools.org

Dean of Students Russ Stapleton 488-7155 rstaplet@psdschools.org

Dean of Students Mike Ruffner 488-7192 mruffner@psdschools.org





Junior Parents

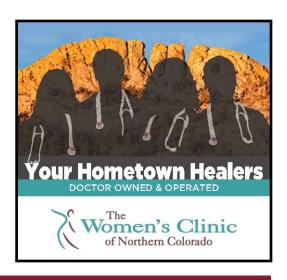
ATTENTION JUNIOR PARENTS:

We are looking for junior parents who might be interested in helping put together "After Prom" for the 2022 prom. Prom this year will be Saturday, May 7th, and we need individuals who would be willing to fundraise, decorate, solicit for prizes and food donations on behalf of the "After Prom" committee. Please contact Mr. Mark Brook (mbrook@psdschools.org) if you have time and are interested in helping put together this beneficial program.

Thank you,

Mr. Satini Liufau and Mr. Mark Brook





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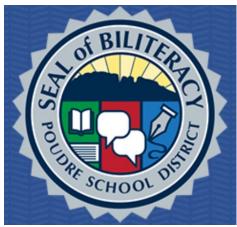
Dean of Students Russ Stapleton 488-7155 rstaplet@psdschools.org

Dean of Students Mike Ruffner 488-7192 mruffner@psdschools.org





Seal of Biliteracy



What is the Seal of Biliteracy? It is a seal placed on a student's high school diploma (see attached picture) proving that student is biliterate...can read/write/listen/speak another language in addition to English. Students also receive cords to wear at graduation.

Who is this for? Seniors that can read/write/listen/speak English and another language.

World Language students that will have completed at least Level 4 of French/German/Spanish by the end of their Senior year are encouraged to apply.

Students that grew up reading/writing/listening/speaking another language in addition to English are also encouraged to apply.

What is the process?

1. Fill out the application found on the PSD Seal of Biliteracy Google Site by **January 21, 2022.**

https://sites.google.com/psdschools.org/psdsealofbiliteracy/home Students that have met the requirements, but do not fill out the application, will not be eligible for the seal. The application is a required step.

2. On January 28, 2022, students will be informed about whether they have already met the requirements to show proficiency or if further steps (AAPPL exam, etc.) are required.

Have questions? Visit the PSD Seal of Biliteracy Google Site https://sites.google.com/psdschools.org/psdsealofbiliteracy/home or talk to Ms. Wagner is Student Services or Ms. Carson in Room 417.

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From the Health Office

Thank you so much for keeping your students at home when they are sick. Rocky has been able to keep our kids in school because of the diligence shown with keeping sick kids at home and kids wearing masks at school. If your child comes to school with any symptoms, including runny/stuffy nose, cough, fever, headache, fatigue (more than normal for a teenager!), body aches, or any nausea/vomiting/diarrhea, we will have to send them home. They must be home until they are 24 hours fever free without taking medicine or symptoms are resolving. The Return to Learn flow sheet is on the PSD website, just click on Covid in the yellow banner.

Have a great, healthy break.

Mary Lou Devlin RN





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WINTER ATHLETICS HAS BEGUN come join us and support our Bo's! Please be aware of the following information and guidelines for attending upcoming events at Rocky Mountain High School this Winter Season.



All spectators are required to wear masks inside Poudre School

District buildings.

NOT LIKING THE CROWDS THESE DAYS OR WATCHING FROM OUT OF TOWN?

Junior Varsity and Varsity Boys and Girls Basketball games and Wrestling Duals will be streamed on the NFHS network (https://www.nfhsnetwork.com/) in our main gym.





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Spring Athletics

Looking ahead to Spring Sports: Spring Sports will begin the end of February. Dates for registration and Orange Card distribution will be given as we get closer to the beginning of the season. Here are the sports that will be offered in the Spring;

Baseball, Girls Golf, Girls Soccer, Girls Tennis, Boys Swim/Dive, Boys and Girls Lacrosse, Boys and Girls Track and Unified Soccer.

For more information regarding spring sports and contact information for the coaches go to www.rockyathletics.org go under the spring sports tab and find the sport you are interested in.

Winter Athletics

Winter season is in full swing. We have Boys and Girls Basketball, Girls Swimming/Diving, Boys and Girls Wrestling, Nordic Skiing and Hockey, Dance and Cheer all currently going. Soon to start is Unified Basketball and Unified Cheer. For current schedules you can find them on www.rockyathletics.org or www.frontrangeleague.org.





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Hey Rocky fans beat the long lines and pre-purchase your tickets on our new digital ticketing system. This is the "NEW NORM" for ticket purchasing. You can purchase before you arrive and jump a head of the LONG lines and get straight into the games.

Tickets for JV and Varsity basketball games and wrestling matches can be purchased on **Ticket**

<u>Spicket</u> (https://events.ticketspicket.com/home), C and D games will be free of charge. Be sure to purchase tickets online to avoid long lines and waiting to get into the games.

ROCKY STUDENTS-are you tired of standing in the LONG lines at our home Basketball games. You too can jump a head and get right into the game by simply purchasing your student activity pass for only \$30. Go to the fee window, purchase the activity pass then you will get a sticker added to your student ID. Bring your ID to the games and head right on in.



This Photo by Unknown Author is licensed under CC BY-NC-ND



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Market your business in both Poudre and Thompson school districts.

You gain visibility and targeted, increased awareness; schools gain funds from advertising revenue.







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Peer Parent Presentation Series:

The Peer Counselors at RMHS are selected Juniors and Seniors that are trained on a variety of topics that teenagers may encounter. They go into freshman and senior classrooms to give a variety of presentations to students. This presentation series is for parents to hear what their students are learning. Please join us as the Peer Counselors will present on the 3 topics:

All Presentations will be from 6 to 7:30pm in the Media Center

Thursday January 13, 2022: Protect the Pack and Time to Talk

- * Our Peers will first present on suicide prevention and mental health.
- * They will then give a presentation on dating violence prevention and healthy dating.

Tuesday February 15, 2022: LGBTQIA+ information and resources

- * We are partnering with a professional from the Alliance for Suicide Prevention of Larimer County.
- * The presentation will cover terms, helpful information and common questions.

We hope to see you there!



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Rocky Student Mural Project

Rocky Mural Project

Interested in being an artist for the murals?

Classroom Code: ojg6ivu



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Fill out the 'Artist Interest Form' and make sure that when you submit your artwork that it is shared so we can see your work. All styles and mediums are welcome, all interested students can submit.

Submissions due by Friday, January 14th.



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Yearbook information

Students are back at school making new memories with their friends! Make sure to order the one book that captures the activities, spirit, and unique qualities of their school. Visit www.jostensyearbooks.com to order the 2022 yearbook.

ALL GRADES: To use a credit/debit card, please purchase a yearbook online at https://www.jostens.com/yearbooks/students-and-parents/about-yearbooks

If you prefer cash or check, please see Mrs. White. Checks must be made payable to Jostens.

All these details are available on the Rocky yearbook website:

https://www.rockyyearbook.com/

Thank you for supporting our yearbook program!





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Slide show of steps to access your account: http://bit.ly/opactextbook

Log onto: https://lib.psdschools.org/Library/Home

- 1. Click the <u>Login</u> button and use your student I.D. number and regular PSD password to gain access.
- 2. Go to the My Account drop down menu.
- 3. Choose My Borrowing then choose Loan to see materials linked to your account.
- 4. Go back to My Borrowing and select Fine to see what items you have lost

Problems? Questions? Please contact one of the secretaries below. sbartlet@psdschools.org Sue Bartlett/San Juan Office RM 326 bbeall@psdschools.org Brooke Beall/Maroon Bells Office RM 409





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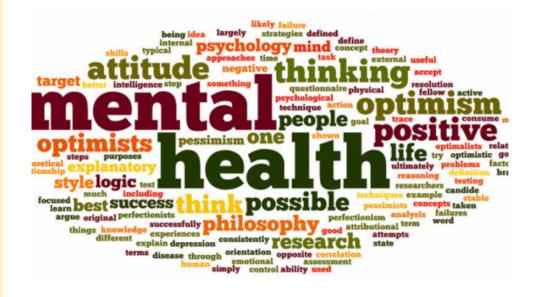


Mental Health Support

STATE LAUNCHES 'I MATTER' PROGRAM

I Matter - Every Colorado youth is eligible for three free therapy sessions. Youth and their parents can visit the I Matter platform to take a confidential online survey about their mental health and schedule sessions with a licensed behavioral health clinician, primarily online over telehealth. State law allows youth ages 12 and up to use the platform independently; youth ages 11 and younger will need their parent or guardian's consent to sign up. Learn more on the I Matter website.

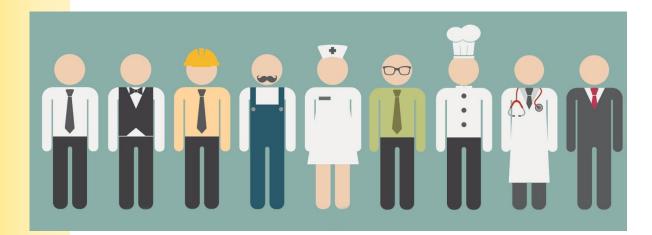
3 FREE THERAPY SESSIONS BECAUSE MENTAL HEALTH REALLY DOES MATTER!!!



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Save the date: 9th-11th grade RMHS College Planning Night Wednesday, February 9. In conjunction with Parent/Teacher Conferences. We hope this will be an in-person event with multiple breakout session options. Look for more details in January.



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The Larimer County Department of Health & Environment is hiring Youth Videographer Interns (16-18)

The Larimer County Department of Health & Environment is looking for youth interns to create, film and edit a video about the COVID vaccine and youth mental health during COVID. These youth will be working alongside our current Youth Engagement Specialists to create the storyboard, identify and film community members, and edit the film that will be promoted to community leaders in Larimer County.

Videographer interns will work January to mid-February 2022 and be paid \$15.00/hour. Must be between 16-18 years old to apply and a Larimer County student.

For questions about the internship opportunity, contact Kate Durkin with Larimer County Economic & Workforce Development at (970) 498-6082 or kdurkin@larimer.org.

Apply Now: https://form.jotform.com/LarimerCounty/youth-videographer-intern

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The PSD Senior Scholarship Application is Open!

The PSD SR Scholarship Application:

- Includes ~30 scholarships just for PSD Seniors who will attend any formal education in 2022-23 (including technical school, 2-year community/junior college, or 4-year college or university)
 - Some scholarships may be deferred for ASCENT or Gap year
- Scholarships with a variety of requirements (major, academics, involvement, background, etc.); most seniors are eligible for at least one scholarship and usually several!
- Is due January 21, 2022, at 4:30 PM
 - Late applications cannot be accepted

Rocky Seniors, click here to apply

students must be logged in to their PSD Google account (https://forms.gle/UCKxL8X3tJW2wiMd8)

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College and Career



Career Xpo Thursday, February 24, 2022



We are excited to host the annual Career Xpo—an event for RMHS Juniors!

Career Xpo is Thursday, February 24 during 3rd and 4th hours. Most juniors will have the opportunity to attend during a 30-minute window one of those periods with their classes.

This year, in light of on-going health concerns, we will offer a reduced Career Xpo format, with career- and college-focused booths for students to visit. Juniors will have the opportunity to learn information about career areas, network with professionals, and understand what they can be doing now to prepare for their future.

Parents/guardians:

Please avoid any appointments for your juniors this afternoon—this is their only chance to attend!

If you are interested in hosting a career booth on February 24 and are available from 11:30am – 4:00pm, please <u>Please click here to complete the volunteer registration</u> or enter this address in to your browser: https://forms.gle/YYFdLsYfpdXfhky79

Please contact Robert Papp (rpapp@psdschools.org) or Nicole Fassnacht (nwilgenb@psdschools.org) with questions.



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Save the Date: RMHS College Planning Night

for 9th-11th Graders & Parents/Guardians

Wednesday, February 9

We hope this annual event will be **in-person** this year, in conjunction with parent/teacher conferences.

Typically, you can choose from ~10 breakout sessions

More details soon!



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inCompass Fast Track

Summer Internship & Employment Program for High School Seniors

Gain real world experience through a paid, 250 hour summer internship placement with a local employer in an in-demand industry at \$15.00/hour.

Get transitional support with your employment and educational goals through workshops, resume assistance, interviewing preparation, and post-secondary guidance. Cash bonuses for program goal completion.

Students must be 16-21 years old, U.S. Citizen and Larimer County resident, high school senior on track to graduate, and meet <u>both</u> of the following eligibility requirements:

- Low income: receiving public assistance i.e. food stamps, TANF, SSI, etc. or meet local income threshold. (Individual with a learning/mental/physical disability diagnosis is considered household of one for income purposes.)
- Challenge to employment: teen parent, learning/mental/physical disability, IEP/504, probation, foster care, homeless, or past offender record

Spring Semester Application Deadline: April 17, 2022

Space is limited. Priority will be given to early applicants.

Act today! larimer.org/ewd/fasttrack





Contact CareerRise at (970) 498-6608 or careerrise@larimer.org



Larimer County Economic and Workforce Development is an equal opportunity agency and supports Veterans priority of service. Qualified persons with disabilities can request reasonable accommodations with seven business days' notice by emailing Icewd-ada@larimer.org or calling 970.498.6600 or Relay Colorado 711. Accommodation requests will be honored when possible but may be unavailable if advance notice is not provided.

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College and Career



SUMMER CAMPS

Our highly-interactive, week-long summer camps are held at CSU's state-of-the-art engineering facilities, introducing junior high and high school students to the wonders of science, technology, engineering, and mathematics (STEM) in a university setting.

Camps strike a balance between hands-on learning and socializing, with lunch provided and time to connect with peers, CSU faculty, and current college students. Join us!

Designing Your World

Ages: 14-16 | June 20-24 | 9:00 am - 4:00 pm | \$530

CSU faculty and students will work one-on-one with participants in design activities chosen to simulate real-world, engineered robots. Each student will design, build, test, iterate, and demonstrate an Arduino-controlled robot that represents a simplified version of real-world autonomous vehicles, and a remote-controlled underwater robot that represents a simplified version of real-world remotely operated vehicles (ROV). Students will be able to use 3D printers to build personalized elements of their designs.

Engineering Your World

Ages: 13-14 | June 13-17 | 9:00 am - 4:00 pm | \$500

CSU faculty and students will guide participants in fun and engaging activities designed to simulate a collaborative laboratory environment. Each student will: build a saltwater circuit and DC motor; design and build a swamp cooler, Mars rover egg-lander, and artificial bicep; create, construct, and test the strength of a bridge made of spaghetti, prosthetic leg, and clay boat; test and analyze sunscreen; and test and modify the chemical composition of slime to maximize its "bounce" factor.



FOR MORE INFORMATION AND TO REGISTER: www.engr.colostate.edu/me/summercamp

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Graduation Dates and Senior Events



Wednesday, April 6th: Senior/Parent Meeting on Graduation— 6:30pm in RMHS Gym

Saturday, May 21, 2022: Graduation at 1:00pm at Moby Arena, CSU.



Disclaimer: Poudre School District does not endorse or take responsibility for programs/activities sponsored by other organizations.