



**Rocky Mountain
High School**
1300 West Swallow Rd.
Fort Collins, CO 80526

Main Office Number
970.488.7023

Attendance Number (24 hrs)
970.488.7002

Athletics Number
970.488.7016

Student Services Number
970.488.7032

School Resource Officer
970.488.7013

Media Center
970.488.7049

Website
<http://eweb.psdschools.org/schools/rockymountain/>

**Para informacion en Español
hablar con Cynthia Santos**
al: 970.488.7035



Date	Time	Event
Thursday, 3/9	End of Quarter	Quarter 3 FINALS – Periods 3 & 4
Friday, 3/10	End of Quarter	Quarter 3 FINALS – Periods 1 & 2*
Mon, 3/13 – Fri, 3/17	SPRING BREAK	NO School – RMHS Offices Closed
Wednesday, 4/5	8:15am	Mandatory Graduation Meeting for Students
Friday, 4/21	NO SCHOOL	Teacher Workday
Saturday, 4/22	TBD	PROM!
Monday, 5/15	NO SCHOOL	Teacher Workday
Tuesday, 5/16	SENIOR FINALS	Quarter 4 FINALS – Periods 3 & 4
Wednesday, 5/17	SENIOR FINALS	Quarter 4 FINALS – Periods 1 & 2*
Wednesday, 5/17	7:30-8:30am	Scholarship Breakfast
Thursday, 5/18		Senior Convocation, Check-Out & Picnic
Friday, 5/19	12:00-2:00pm	Graduation Rehearsal @Moby Arena
Saturday, 5/20	5:30-7:30pm	2022-23 GRADUATION @Moby Arena
Wednesday, 5/24	End of Semester	Quarter 4 FINALS – Periods 3 & 4
Thursday, 5/25	End of Semester	Quarter 4 FINALS – Periods 1 & 2*

* The afternoon is set aside for **make-up finals** for students that were absent for any finals or need to make up work. Buses run on a normal schedule. Lunch is not served unless a special order is placed with Food Services.

**We understand the stress
of caring for a sick child.**

Our providers are here to help get
your family on the fast track to healthy.



The Youth Clinic
caring for our future generations



**Pediatric
Urgent Care**
OF NORTHERN COLORADO



Spring Musical, March 9, 10, 11

Worried something is wrong?

They're behavior is very odd

THEY SEEM UNUSUALLY AGITATED

These may be symptoms of psychosis and it's more common than you think. We provide support to youth (15-29) experiencing FEP (first episode psychosis).

Find out more:
SummitStoneHealth.org/ascent

ASCENT SUMMITSTONE HEALTH PARTNERS

LITTLE SHOP OF HORRORS

Book & Lyrics by **Howard Ashman** Music by **Alan Menken**

Based on the film by Roger Corman, Screenplay by Charles Griffith

Originally produced by the WPA Theatre (Kyle Renick, Producing Director)

Originally produced at the Orpheum Theatre, New York City by the WPA Theatre, David Geffen, Cameron Mackintosh and the Shubert Organization

LITTLE SHOP OF HORRORS (BROADWAY VERSION)
 is presented through special arrangement with Music Theatre International (MTI).
 All authorized performance materials are also supplied by MTI.
www.mtishows.com

MARCH 9, 10, 11 AT 7 PM

Rocky Mountain High School Auditorium



DECA State

Rocky DECA Teacher Sponsors:

Robert Papp

Clay Lyell

Lynne Lyell

Thomas Carson

Jaelyn Manzanares



Leo Johnson & Alden Vieira	Franchise Plan	3rd Place
Alden Vieira & Tristan Johnston	Financial Services	4th Place
Hennie Wu	Professional Selling	5th Place
Derek Luther & Eli Yoxall	International Business Plan	6th Place
Hennie Wu	District State Officer	

Please help in congratulating our DECA State students. The last 3 days 52 Rocky students competed against over 3,200 other students from across Colorado at the Broadmoor in Colorado Springs.

15 Rocky students made the final round in their event, and the following students earned a spot at nationals in April!





HOSA

The following Bo's placed in the top 10 at the HOSA State Leadership Conference last week. All students who placed in the top 3 have also been invited to compete at the International Leadership Conference in Dallas this summer! If you see one of these students today, please congratulate them on their hard work & success!

Anatomy & Physiology

- Cooper Zamora (Top 10)
- Claire Wehner (2nd Place)

Microbiology

- Ava Steger (1st place!)
- Madison Becker (3rd Place)

Clinical Specialty

- Sydney Schlepp (2nd Place)

Health Career Display

- Sage Madden & Morgan Roscoe (Top 10)

Home Health Aide

- Madison Becker (3rd place)

Medical Terminology

- Talia Didonato (Top 10)

Mental Health Promotion

- Mariela Douglas, Dahlia French, Sydney Schlepp (Top 10)

Pathophysiology

- Ava Steger (3rd Place)

Research Poster

- Dahlia French (Top 10)

Anatomy in Clay

- Cooper Zamora, Claire Wehner and Samantah Mui (1st Place!)

HOSA Teacher Sponsors: Maya Wyllie and Antoinette Smith





Mock Trial

The Rocky Mock Trial team was hard at work this weekend at the Larimer County Justice Center competing in the Mock Trial District competition. The students began preparing for this event in September. They took 1st place for the second straight year and will be moving on to the State Competition March 3 & 4!

Please join in congratulating the following students:

Elwood Sheflin
Rachael Yett
Raven Chamberlain
Curtis Anderson
Aliyah Maestas-Blue
Maddie Shaul
Ellie Hoffman
Sage Madden
Mylie Miller
Malia Bauer
Ripley Bono
Laylah Reyes
Stella Carder



The team is coached by local attorneys Nathan Hansen, Ashley Barber, and Lynzi Maas. The work and time they dedicate to our students is remarkable. When the students are in court, it's hard to recognize them as high school students. They are incredibly articulate, professional, prepared, and persuasive.

Mock Trial Teacher Sponsor: Chance Mazzia



Rocky Forensics Team

Congrats to the Rocky Forensics team, who competed on Saturday at the Denver East "Never Again" Tournament (long story). Rocky finished second in the Team Sweepstakes award (out of 25 schools) thanks to strong performances by Charlie Park (2nd in Informative Speaking), Jordan Meyer (2nd in Poetry Interp and 2nd in Program Oral Interp), and Daniel Mitchell (tournament champion in US Extemporaneous Speaking).

Next up for the team: the national qualifying and state championship tournaments in March!

Forensics Teacher Sponsor: Paul De Maret



EAT, DRINK & RAISE FUNDS

PARTNER WITH US: [QDOBA.COM/FUNDRAISERS](https://qdooba.com/fundraisers)
 25% of our sales go to organizations doing good. Fundraise for your non-profit or school today.

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QDOBA
MEXICAN EATS

Opportunities
 to start nursing
 or culinary pathways

Food and Nutrition
 (Age 16)

Personal Care Provider
 (Age 17 - will train)

CNA
 (Age 17 - will train)

COLUMBINE HEALTH SYSTEMS

www.columbinehealth.com



Link Crew

- **Link Crew** is starting to recruit new leaders for next school year.
- The main task of Link Crew is helping 9th graders transition into high school by connecting them to peers, staff, and Rocky culture.
- The first day of school in August (called “Orientation Day” or “O-Day”) is just for 9th graders and our Link Leaders play a huge part--leading small group activities and giving tours of the building.
- Link Leaders are required to attend a training in May and two more trainings at the beginning of August (each training lasts about 3 hours).
- Current 10th and 11th graders are encouraged to apply.
- Go to Rocky’s homepage for a link to the application.

Applications must be submitted by Sunday, March 26th.

FORT COLLINS
SYMPHONY
WES KENNEY · MUSIC DIRECTOR



Escape
to the movies

MAR 24 · 7:00 PM
Music in Film
Pops Concert
Timberline Church
Auditorium



DETAILS & TICKETS:
LCTIX.COM






The Women's Clinic
of Northern Colorado

Schedule Your Appointment Today!



Need a Prom Dress?



THE CINDERELLA PROJECT



Need a Prom Dress?

Gently loved prom dresses at an incredible price!

Dresses priced at \$5 to \$40

March 8th, 2023 4pm-7pm

Dora Grace Bridal

2700 College Ave Fort Collins, CO 80525

Contact Anna Morris with questions at
amorris@psdschools.org

*All proceeds benefit the FCHS Student Assistant Fund

Rocky Mountain High School Prom

Saturday, April 22, 2023



Mental Health Matters

Please join Poudre School Districts for the 8th Annual Mental Health Matters K-12 Event, this year hosted IN PERSON at Rocky Mountain High School. Speakers will address a wide range of mental health topics that effect all grade levels. More information coming soon.

April 7th at 5:30 p.m.

More info: [MHM Save The Date.pdf](#)



Wish Week Thank You

Thank you to our amazing Rocky community for your work this week to support Make-A-Wish Colorado and honor Emmalese. We ended with an awesome assembly put on by Student Council where Emmalese was honored and even sang us a song (she was fantastic!). We will have totals raised calculated by next week but for now we just wanted to say again say how grateful we are for this wonderful community. We rocked it and couldn't do it without your support. Thanks Lobo Nation, you are the best!

We are here for your child's health!
¡Estamos aquí para la salud de su hijo!

Schedule your school or
sport physical today!

¡Programe hoy su examen
físico para la escuela o deporte!



Salud
Family Health (303) 697-2583
(303) MYSALUD

1635 BLUE SPRUCE DR | FORT COLLINS, CO

OUR CARE IS DINO-MITE!

MEDICAL • PEDIATRICS • DENTAL • BEHAVIORAL saludclinic.org

Mention this ad and
enjoy 50% off your oil change



Find yours at

Fort Collins
Dodge Chrysler Jeep Ram

224 W Harmony Rd | 970.632.9770 | fortcollinsJEEP.com



Excite. Innovate. Learn.



PRE-COLLEGE EVENTS TO CHANGE YOUR WORLD.



More SPARKSeries

Join the Institute for Entrepreneurship the second Thursday of the month. Working together we will support and grow each other's entrepreneurial ideas and program with a variety of digital sessions that will help connect you to community leaders, professors, business -and most importantly- each other.

Upcoming Dates and Topics:

February 9 - Marketing, March 9 - Prototyping, April 12- More Spark Showcase



Global Business Academy

Join other top high school students and distinguished faculty members in this immersive, ten-day residential summer business program. The activities and highly challenging courses will develop core business skills including international business, leadership and team building, cross-cultural communication, entrepreneurship, decision making, negotiation, ethics, financial literacy, and innovation. July 12-21, 2023



Venture Validator Summer Camp

A week-long Venture Validator program that lets high school students explore what it takes to become an entrepreneur. Throughout this program, students explore a real-world issue they've identified and develop a business idea to address it.

June 4-9, 2023



Learn more at <https://col.st/bHluT>



For more information visit our websites...

RMHS Announcements: <https://rmh.psdschools.org/>

RMHS Athletics: <https://www.rockyathletics.org/>

RMHS Newsletters: <https://rmh.psdschools.org/news>

The Highlighter at: <https://rmhshighlighter.com/>



After Prom

Students need a safe place to have fun at After Prom! Not sure how to help make this happen? Please think about donating to help make this event a memorable one for our Lobo juniors and seniors. **Parents can donate directly through School Pay to the After Prom Contribution account.**

A small donation of \$5 from all parents would go a long way to paying for the food, prizes, and games! Thanks to our Rocky community for helping keep our students safe!



Cap & Gown—Graduation

Seniors – there's still time to order your cap & gown!

Visit www.Jostens.com. If you have questions, please contact our Jostens Representative – Lindsay Bellus at (970) 223-7119 or via email at bellusofice@jostens.com

Supporting our Schools



Joe Mivshek

Joe.Mivshek@KW.com

kw NORTHERN
COLORADO
KELLERWILLIAMS.

970.420.7163





Scholarships

For more information visit our websites...

RMHS Announcements:
<https://rmh.psdschools.org/>

RMHS Athletics: <https://www.rockyathletics.org/>

RMHS Newsletters: <https://rmh.psdschools.org/news>

The Highlighter at: <https://rmshighlighter.com/>



Hey Seniors!
 DO YOU WANT MONEY FOR COLLEGE?

**THE PSD
 SCHOLARSHIP
 APPLICATION**
Formerly the Local Scholarship Packet
 IS NOW *open!*



Reach Parents in Larimer County through our mobile-ready newsletters

Market your business in both Poudre and Thompson school districts.

You gain visibility and targeted, increased awareness; schools gain funds from advertising revenue.

Advertise with The School Newsletter Company
 Joe Mivshek 970-420-7163 | SchoolNewsletterCompany@gmail.com





Girls Golf Tryouts

ROCKY MOUNTAIN LOBOS

- Girls' Golf Tryouts -

MONDAY, MARCH 6TH

TEE TIMES:

2:50 PM, 3 PM, AND 3:10 PM

TUESDAY, MARCH 7TH

PUTTING GREEN 3:30 PM



**Collindale Golf Course
1441 E Horsetooth Rd**

You MUST bring your orange card to tryout!!!

Girls are allowed early release per the Athletic Department
Athletes must attend both days of tryouts to be considered
In the event of weather, tryouts will be rescheduled

COACH ALEXIS JABARA

Feel free to contact me at 520-987-3017 or
anulsen@psdschools.org with any questions!





Hiring Fair

POUDRE SCHOOL DISTRICT

SENIOR HIRING FAIR

THE DRAKE CENTER
3.23.2023

9:15 AM - 1:00 PM

802 West Drake Road in Fort
Collins, CO 80526



SCAN THE QR CODE
TO REGISTER

Can I attend?

Only SENIORS who are looking for an entry-level career opportunity in Northern Colorado will be able to attend. (This is not for 4-year college bound students.)

How do I attend?

You must complete the linked form AND the PSD field trip form in advance to register. Bus transportation will be provided to the Drake Center. Sign up now- space is limited!

What can I expect?

You should dress professionally and be prepared to interview on the spot. You will need a resume. Reach out to your Work-Based Learning Coordinator if you need guidance with your resume.

FOR MORE INFO CONTACT:
ROBERT PAPP

Work-Based Learning Coordinator
rpapp@psdschools.org

**PAA**

The Parent Athletic Association

Currently, proceeds are used to:

- Assist in purchasing athletic AWARDS- letters, plaques, pins and certificates
- Assist in purchasing awards for Rocky's honor athletes
- Host the Homecoming Tailgate
- Assist in purchasing athletic equipment
- Supplement additional athletic costs at the discretion of the RMHS PAA

If you have questions or need to shop by appointment please contact us.

For questions, please contact: RMHSPAA@gmail.com



Spring Athletics

Spring sports: Baseball, Boys & Girls Lacrosse, Boys Swim/Dive, Boys Volleyball, Girls Golf, Girls Soccer, Girls Tennis, Track & Field

To get your **Orange Permit** to Practice Card you will need:

- 1) Current physical and attached form signed by your doctor
<https://drive.google.com/file/d/15MpwHd3eFZf9h6lYe5zjTjPiAmie6OuP/view>
- 2) Register for your sport through SportsEngine: <https://poudreathletics.sportngin.com/register/form/898306347>
- 3) Proof of payment, pay athletic fees through SchoolPay: <https://psdschools.schoolpay.com/>



Apprenticeships

Electrician Apprenticeships



- Learn on the Job
- 18 Years Old, graduating Senior
- \$18 per hour with Benefits
- Great Career Opportunity

See Mr.Papp to apply



College & Career

Seniors, all signs point to the FAFSA*!

GRANTS. If your family qualifies for free/reduced lunch or is close to those qualifications, a Pell Grant (free money from the federal government, up to ~\$6500/year) could be waiting for you!

Depending on your college and financial situation, state-based and/or college-based grants might be available to you too, even for families whose income levels are much, much higher than free/reduced lunch requirements.

SCHOLARSHIPS. Besides being used for financial-based aid, some colleges require the FAFSA on file (regardless of your ability to pay) to be eligible for scholarships based on YOUR academics, leadership, and/or service (hello CU Boulder!). Plus, some scholarships consider financial need and use the FAFSA to determine that.

LOANS. The interest rate on a federal student loan is fixed and is typically lower than private loan rates. No credit check or cosigner is required to qualify for most federal student loans. Repayment doesn't begin until after you've left college or dropped below half-time enrollment. Remember, just because you are offered loans doesn't mean you have to use them.



FAFSA. Complete the FAFSA at fafsa.gov. You will need tax information from 2021 for you and your parent(s)/household. Find more [details here](#).

Once you are finished with the FAFSA, check your college(s) portal to see if they require additional information (sometimes this means potential for extra money!!). Look for financial aid packages to post on your portal after you have been admitted. The timeline can

vary, but it is common to see financial aid offers start showing up in February and March. Remember, this is part of why you don't need to commit anywhere until May—you need that time to make an informed decision. Nearly all students who complete the FAFSA get some form of financial aid. In fact, 80% of CSU students receive financial aid. Get it done!

*FAFSA is only available to US Citizens and [eligible non-citizens](#). Students who are not eligible for the FAFSA should complete the [CAFSA](#) for Colorado aid (to be used at a Colorado college)



Attendance Protocols

Call in method:

1. Give student's full name.
2. Student's ID number (this is essential as we have over 2000 students).
3. Parent or guardian's name.
4. Date of absences and periods.
5. The reason for the absence.

We will mark your student absent if a reason is NOT given.

ParentVUE method:

1. Go to the PSD website at <https://www.psdschools.org/>
2. Select *Parents* in the blue at the middle of the page.
3. Scroll down under *Quick Links* on the right side of the page and select *ParentVUE*.



Thank you for your patience!

Everyday we have more than **200** voicemails on the attendance line. We listen to them all, and input the information to the best of our ability. But we occasionally make mistakes, so please give 24-48 hours after you call before calling back.

Reach Parents in Larimer County through our mobile-ready newsletters

Market your business in both Poudre and Thompson school districts.

You gain visibility and targeted, increased awareness; schools gain funds from advertising revenue.

Advertise with The School Newsletter Company
Joe Mivshek 970-420-7163 | SchoolNewsletterCompany@gmail.com





CSU Summer Programs



K-12 PROGRAMS

Academic, Sport and Credit-Bearing Opportunities







Summer programs for kindergarten through pre-college students and P-12 teachers

Sport Camps



Experiential Programs

Categories for all ages:

-  Animals and Environment
-  Arts and Human Sciences
-  Industry and Leadership
-  Interdisciplinary Programs
-  Science, Technology, Engineering, and Math (STEM)
-  Sport Programs
-  Programs for P-12 Teachers

Scan the QR code or visit:
K12Summer.colostate.edu



COLORADO STATE UNIVERSITY



**EXPLORE.
EXPERIENCE.
EXPAND.**